



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
9:30	Exercise / Workout 30	9:30	Exercise / Workout 31	AUGUST DAYS TO NOTE...				Month of August		"August slipped away into a moment in time, 'cause it was never mine." ~ Taylor Swift		9:30	Exercise / Workout 1
10:00	Daily Audio Prayer /Bible Reading	10:00	Daily Prayer /Bible Reading /Worship Audio	01	Nat'l Mahjong Day	13	Left-Handers Day	Birthstone: Sardonyx and Peridot				10:00	Daily Prayer /Bible Reading /Worship Audio
10:30	Snacks / TV Time			02	Ice Cream Sandwich Day	15	I Love Cowboys & Cowgirls Day	Flowers: Gladiolus and Poppy				10:30	Snacks / TV Time
11:30	Lunch	10:30	Snacks / TV Time	03	Nat'l Watermelon Day	16	Nat'l Tell a Joke Day	Colors: Orange and Red				11:30	Lunch
12:30	Relaxation / TV Time	11:30	Lunch	04	Hooray for Kids Day	18	Never Give Up Day	Meaning: Venerable				12:30	Learning about Cultures /Videos/Books
2:00	Snacks & Dominos	12:30	Colorful Nails /Hair Cuts /TV Time	06	Nat'l Rootbeer Float Day	19	Cupcake Day					2:00	Snacks & Dominos
3:00	Bingo!	2:00	Snacks & Movie	07	Beach Party Day	21	Senior Citizens Day					3:00	Bingo!
4:00	Dinner	3:00	Bingo!	08	In'l Cat Day	24	Shooting Star Day					4:00	Dinner
5:00	Socialization	4:00	Dinner	09	Nat'l Book Lovers Day	25	Nat'l Banana Split Day					5:10	Final Stretch of the Day
5:10	Final Stretch of the Day	5:10	Final Stretch of the Day	10	Nat'l S'mores Day	26	Musical Yoga Day						
				11	Sons and Daughters Day	27	Just Because Day						
				12	Baseball Fans Day	31	Eat Outside Day						
9:30	Exercise / Workout 2	9:30	Exercise / Workout 3	9:30	Exercise / Workout 4	9:30	Exercise / Workout 5	9:30	Exercise / Workout 6	9:30	Exercise / Workout 7	9:30	Exercise / Workout 8
10:00	Daily Audio Prayer /Bible Reading	10:00	Daily Prayer /Bible Reading /Worship Audio	10:00	Daily Prayer /Bible Reading /Worship Audio	10:00	Daily Prayer /Bible Reading /Worship Audio	10:00	Daily Prayer /Bible Reading /Worship Audio	10:00	Daily Prayer /Bible Reading /Worship Audio	10:00	Daily Prayer /Bible Reading /Worship Audio
10:30	Snacks / TV Time	10:30	Snacks / TV Time	10:30	Snacks / TV Time	10:30	Snacks / TV Time	10:30	Snacks / TV Time	10:30	Snacks / TV Time	10:30	Snacks / TV Time
11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch	11:30	Lunch
12:30	Relaxation / TV Time	12:30	Colorful Nails /Hair Cuts /TV Time	12:30	Shave /Socialization /TV Time	12:30	Remembering History /Videos/Books	12:30	Colorful Nails /Haircuts /TV Time	12:30	Shave /Socialization /TV Time	12:30	Learning about Cultures /Videos/Books
2:00	Snacks & Dominos	2:00	Snacks & Movie	2:00	Snacks & Playing Cards	2:00	Snacks & Puzzles	2:00	Snacks & Movie	2:00	Snacks & Playing Cards	2:00	Snacks & Dominos
3:00	Bingo!	3:00	Bingo!	3:00	Bingo!	3:00	Bingo!	3:00	Bingo!	3:00	Bingo!	3:00	Bingo!
4:00	Dinner	4:00	Dinner	4:00	Dinner	4:00	Dinner	4:00	Dinner	4:00	Dinner	4:00	Dinner
5:00	Socialization	5:00	Socialization	5:00	Socialization	5:00	Socialization	5:00	Socialization	5:00	Socialization	5:00	Socialization
5:10	Final Stretch of the Day	5:10	Final Stretch of the Day	5:10	Final Stretch of the Day	5:10	Final Stretch of the Day	5:10	Final Stretch of the Day	5:10	Final Stretch of the Day	5:10	Final Stretch of the Day
9:30	Exercise / Workout 9	9:30	Exercise / Workout 10	9:30	Exercise / Workout 11	9:30	Exercise / Workout 12	9:30	Exercise / Workout 13	9:30	Exercise / Workout 14	9:30	Exercise / Workout 15
10:00	Daily Audio Prayer /Bible Reading	10:00	Daily Prayer /Bible Reading /Worship Audio	10:00	Daily Prayer /Bible Reading /Worship Audio	10:00	Daily Prayer /Bible Reading /Worship Audio	10:00	Daily Prayer /Bible Reading /Worship Audio	10:00	Daily Prayer /Bible Reading /Worship Audio	10:00	Daily Prayer /Bible Reading /Worship Audio
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2:00	Snacks & Dominos	2:00	Snacks & Movie	2:00	Snacks & Playing Cards	2:00	Snacks & Puzzles	2:00	Snacks & Movie	2:00	Snacks & Playing Cards	2:00	Snacks & Dominos
3:00	Bingo!	3:00	Bingo!	3:00	Bingo!	3:00	Bingo!	3:00	Bingo!	3:00	Bingo!	3:00	Bingo!
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9:30	Exercise / Workout 16	9:30	Exercise / Workout 17	9:30	Exercise / Workout 18	9:30	Exercise / Workout 19	9:30	Exercise / Workout 20	9:30	Exercise / Workout 21	9:30	Exercise / Workout 22
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9:30	Exercise / Workout 23	9:30	Exercise / Workout 24	9:30	Exercise / Workout 25	9:30	Exercise / Workout 26	9:30	Exercise / Workout 27	9:30	Exercise / Workout 28	9:30	Exercise / Workout 29
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