



August 2026 Newsletter

Senior Assisted Living Community



Emma S.

is our Assisted Living Resident of the Month

Emma S. was born October 8, 1975 in Guerrero, Mexico to Carmen and Alejandro C. She is the middle child between two siblings, Graciela and Kathy. She was never married and has no children, and so has no grandchildren. Emma worked as a housekeeper for more than 10 years. She developed a good friendly relationship with

Ricardo and Kathy here in our Carson Community. She loves to write letters to friends and family back home. Emma also loves to go to church and shopping. Emma believes that everything is possible with God. Congratulations Emma, on being named our August Assisted Living Resident of the Month!

Guillermo M.

is our Arbor Hall Resident of the Month

Guillermo Molina was born on March 12, 1956 in El Paso, TX to Alicia and Guillermo Sr. He has two sisters, Gloria and Margarita, and Guillermo is the middle child. When Guillermo was a toddler, he and his family moved to California. They resided in the city of Whittier. Guillermo attended Whittier High School and after graduating, he worked in construction and as a dishwasher in a restaurant. Guillermo had many pets growing up, including birds, a cat and a dog. He enjoys reading history books, exercising, and watching TV. Guillermo also likes sports. His favorite sport is football and his favorite team is the Las Vegas Raiders. Guillermo wants people to know that he is very friendly and is always willing to lend a hand. Congratulations Guillermo on being Arbor Hall August Resident of the Month.





August Birthday Party

Friday, August 28 at 1:00 p.m.

All residents whose birthday is in August are invited to join us in the Hobby Room to celebrate their natal day. We'll have cake and ice cream for you to enjoy.

AL Birthdays

Joan R.	8/01
John H.	8/02
Donald P.	8/02
Elizabeth T.	8/02
Gloria B.	8/04
Renee D.	8/04
Peter T.	8/04
Rosemary M.	8/09
Clemente R.	8/16
June D.	8/22
Harvey F.	8/25
Deborah P.	8/29

Arbor Hall Birthdays

Dante S.	8/10
Cedric S.	8/11
James W.	8/21
Lori Lopez	8/28

Staff Birthdays

Cinthia G.	8/02
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MAIN EVENTS FOR AUGUST 2026

Council Meeting

RESIDENT COUNCIL MEETING

Thursday, August 13 - 1:00 p.m.

in the Hobby Room.



Note: Shopping trips can be scheduled Monday through Friday as long as the driver available.

Kitchen Tips

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Jhun know 3 hours before meal time. Please DO NOT STAND BY OR NEAR THE KITCHEN DOOR during meal time. It is not safe. Thank you.



Important
INFO

Our
News

Church Services

St. Philomena Church will have Catholic mass every third Monday of each month.

Church of Christ-Iglesia Ni Cristo will offer Bible Study every Thursday at 6:00 p.m. in the Front TV Room, and Saturdays at 1:00 p.m.

The Good Shepherd Ministry comes in every 2nd and 4th Saturday of the month at 10:30 a.m. They invite you to join them in their spiritual advocacies.

The Metropolitan Church of Christ comes every Sunday and Thursday of the month at 2:00 p.m.

Bingo

Every Monday, Wednesday, and Friday

Medical Runs

Every Monday to Thursday of the month.



August HOrOs c Ope Signs

Leo - July 23 to August 22

The undisputed Kings and Queens of the celestial Zodiac, fire sign lions are confident and comfortable being at the center of attention. They are ambitious, loyal, generous, big-hearted, and fiercely protective of their nearest and dearest. Ruled by the ever-present sun, Leos are renowned for their stability and consistency. Leos are also celebrated for their bravery and courage, and are fearless optimists who refuse to accept failure.



Virgo- August 23 to September 22

This earth sign is represented by the goddess of wheat and agriculture, and Virgos are known to be logical and practical in their approach to life. Always a perfectionist at heart, the Virgo is hyper-aware of every detail and is always trying to improve their skills through diligent and consistent practice. Virgos enjoy helping others and are kind, gentle, and supportive friends who like to use their incredible intellect and resourcefulness to solve any problem.



Annual Hawaiian LUAAU

Wednesday, August 19 at Noon



A vertical decorative border on the right side of the page. It features a repeating pattern of stylized tropical elements. At the top, there is a large red flower with five petals and a yellow center, surrounded by green leaves. Below it is a smaller yellow flower with five petals. Further down is another large red flower, similar to the first one, with a yellow center and green leaves. At the bottom, there is a small yellow flower with five petals. The entire border is enclosed in a thin green line.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Exercise / Workout Daily Audio Prayer /Bible Reading Snacks / TV Time Lunch Relaxation / TV Time Snacks & Dominos Bingo! Dinner Socialization Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:00 5:10	31 Exercise / Workout Daily Prayer /Bible Reading Snacks / TV Time Lunch Colorful Nails Snacks & Movie Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	AUGUST DAYS TO NOTE... 01 Nat'l Mohling Day 02 Ice Cream Sandwich Day 03 Nat'l Watermelon Day 04 Hooray for Kids Day 06 Nat'l Roofbeer Float Day 07 Beach Party Day 08 Int'l Cat Day 09 Nat'l Book Lovers Day 10 Nat'l S'mores Day 11 Sons and Daughters Day 12 Baseball Fans Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	Month of August Birthstone: Sardonyx and Peridot Flowers: Gladiolus and Poppy Colors: Orange and Red Meaning: Venerable 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	6 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Haircuts/ TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	7 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks & Playing Cards Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	"August slipped away into a moment in time," cause it was never mine." ~ Taylor Swift 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10
2 Exercise / Workout Daily Audio Prayer /Bible Reading Snacks / TV Time Lunch Relaxation / TV Time Snacks & Dominos Bingo! Dinner Socialization Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:00 5:10	3 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Hair Cuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	4 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks & Playing Cards Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	5 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Remembering History /Videos/Books Snacks & Puzzles Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	13 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Haircuts/ TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	14 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks & Playing Cards Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Learning about Cultures /Videos/Books Snacks & Dominos Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10
9 Exercise / Workout Daily Audio Prayer /Bible Reading Snacks / TV Time Lunch Relaxation / TV Time Snacks & Dominos Bingo! Dinner Socialization Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:00 5:10	10 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Hair Cuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	11 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks & Playing Cards Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	12 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Remembering History /Videos/Books Snacks & Puzzles Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	19 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Remembering History /Videos/Books Snacks & Puzzles Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	20 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Haircuts/ TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Learning about Cultures /Videos/Books Snacks & Dominos Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10
16 Exercise / Workout Daily Audio Prayer /Bible Reading Snacks & TV Time Lunch Relaxation / TV Time Snacks & Dominos Bingo! Dinner Socialization Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:00 5:10	17 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Hair Cuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	18 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks & Playing Cards Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	25 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks & Playing Cards Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	26 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Remembering History /Videos/Books Snacks & Puzzles Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	27 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Haircuts/ TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Learning about Cultures /Videos/Books Snacks & Dominos Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10
23 Exercise / Workout Daily Audio Prayer /Bible Reading Snacks & TV Time Lunch Relaxation / TV Time Snacks & Dominos Bingo! Dinner Socialization Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:00 5:10	24 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Hair Cuts /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	25 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks & Playing Cards Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	26 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Remembering History /Videos/Books Snacks & Puzzles Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	28 Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Learning about Cultures /Videos/Books Snacks & Dominos Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10	Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Learning about Cultures /Videos/Books Snacks & Dominos Bingo! Dinner Final Stretch of the Day 9:30 10:00 10:30 11:30 12:30 2:00 3:00 4:00 5:10



Enjoy Assisted Living at Its Finest.



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