

CARSON 2026

March Menu

Menu subject to change
Lic#: 198204950



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST Hot & Cold Cereal Pancakes, Bacon Slice, Peaches LUNCH Spaghetti w/Meat Sauce Garlic Bread, Mixed Vegetables Egg Custard DINNER Chicken Sandwich Potato Salad, Jello	1 PURIM BEGINS AT SUNDOWN BREAKFAST Hot & Cold Cereal Vegetable Quiche, Sausage Link Toast, Hash Browns, Orange Slices LUNCH Cheeseburger w/Lettuce & Tomato Baked Beans, Jello DINNER Turkey Tetrzini Garlic Bread, Mixed Vegetables Yellow Cake	2 BREAKFAST Hot & Cold Cereal Blueberry Pancakes, Syrup Sausage Link, Diced Peaches LUNCH Teriyaki Chicken, Rice Broccoli, Chocolate Pudding DINNER Ham Sandwich Lettuce & Tomato, Macaroni Salad Peach Cobbler	3 BREAKFAST Hot & Cold Cereal, Fruit Biscuit & Gravy, Bacon, Sausage LUNCH Stir Fry Chicken, Steamed Rice Seasoned Zucchini Egg Custard DINNER Meat Lasagna, Garlic Bread Cali-Blend Vegetables White Cake	4 BREAKFAST Hot & Cold Cereal Turkey Sausage, Scrambled Egg Toast, Hash Browns, Diced Peaches LUNCH Beef Tacos w/Cheese Tomato, Onion, Rice Banana Pudding DINNER Chicken Pesto Mashed Potatoes, Broccoli Apple Cobbler	5 BREAKFAST Hot & Cold Cereal Potato Pancake, Bacon, Sausage Link Toast, Diced Honeydew Melon LUNCH BBQ Pulled Pork Sandwich Coleslaw, Potato Salad Ice Cream DINNER Beef Ravioli w/Cheese Garlic Bread, Mixed Vegetables Blueberry Muffin	6 BREAKFAST Hot & Cold Cereal Toast, Fried Egg, Hash Browns Sausage Links, Cantaloupe LUNCH Salisbury Steak w/Mushroom Gravy Mashed Potatoes Broccoli, Jello DINNER Egg Salad Sandwich Cheese, Lettuce Green Salad, Asian Dressing Ice Cream
7 DAYLIGHT SAVINGS BEGINS BREAKFAST Hot & Cold Cereal, Bacon French Toast, Diced Peaches LUNCH Chili Dogs w/Cheese & Onions Potato Chips, Fruit Mix DINNER Cheese Enchiladas Green Salad, Rice, Corn Yellow Cake	8 BREAKFAST Hot & Cold Cereal Corned Beef Hash Scrambled Egg, Toast Diced Honeydew Melon LUNCH Chicken Pot Pie, Buttered Corn Dinner Roll, Fruit Salad DINNER Cheeseburger w/Lettuce, Tomato Baked Beans, Jello	9 BREAKFAST Hot & Cold Cereal Bacon, Waffle w/Blueberries Diced Peaches LUNCH Beef Tacos w/Cheese Tomato, Onions, Rice Banana Pudding DINNER Chicken Casserole, Garlic Bread Mixed Vegetables, Muffin	10 BREAKFAST Hot & Cold Cereal Banana Pancake Pork Sausage, Fruit LUNCH Chicken Pesto Over Rice Spinach, Ice Cream DINNER Roast Beef Sandwich Potato Salad Cheese Cake Tart	11 BREAKFAST Hot & Cold Cereal Toast, Scrambled Eggs Pork Sausage Patty, Diced Pears LUNCH Teriyaki Meat Balls, Rice Broccoli, Fruit Cocktail DINNER Picadillo Over Rice Mixed Vegetables Pistachio Pudding	12 BREAKFAST Hot & Cold Cereal Potato Pancake w/White Gravy Toast, Bacon, Sausage Link Diced Honeydew Melon LUNCH Beef Fajitas w/Corn Tortilla Beans, Spanish Rice Ice Cream DINNER Turkey Casserole, Garlic Bread Mixed Vegetables, Bread Pudding	13 BREAKFAST Hot & Cold Cereal Cheese Omelet, Hash Browns Toast, Sliced Oranges LUNCH Salisbury Steak w/Mushroom Gravy Rice, Cali-blend Vegetables Chocolate Pie DINNER Spaghetti w/Meat Sauce, Garlic Bread, Green Salad, Thousand Island Dressing, Cookies
14 OUTH ACADEMY AWARDS BREAKFAST Hot & Cold Cereal Pancakes, Bacon, Diced Pears LUNCH BBQ Pork Patty Mashed Potatoes, Mixed Vegetables, Yellow Cake DINNER Ham Sandwich, Tomato, Cheese, Tomato, Lettuce, Potato Salad Green Salad, Asian Dressing, Jello	15 BREAKFAST Hot & Cold Cereal Spinach Scrambled Eggs Toast, Hash Browns, Sausage Sliced Oranges LUNCH Chicken Alfredo, Penne Pasta Cesar Salad, Garlic Bread Orange Cake DINNER Cheeseburger w/Lettuce & Tomato Baked Beans, Tapioca Pudding	16 ST. PATRICK'S DAY BREAKFAST Hot & Cold Cereal, Bacon, Peaches Waffle w/Sliced Strawberries LUNCH Teriyaki Chicke, Rice, Broccoli Ice Cream DINNER Sloppy Joe on a Bun Macaroni Salad Egg Custard	17 BREAKFAST Hot & Cold Cereal Potato Pancakes w/White Gravy Toast, Sausage Link, Banana LUNCH Beef Stroganoff w/Rotini Noodles Spinach, Garlic Bread White Cake DINNER Turkey Sandwich Potato Salad, Jello	18 BREAKFAST Hot & Cold Cereal French Toast, Bacon, Bacon Diced Honeydew Melon LUNCH Turkey Tetrzini, Garlic Bread, Egg Cali-Blend Vegetables Custard DINNER Chicken Adobo, Rice Mixed Vegetables Chocolate Muffin	19 SPRING EQUINOX BEGINS BREAKFAST Hot & Cold Cereal, Biscuit & Gravy Bacon, Sausage, Sliced Peaches LUNCH Fish Tacos w/Corn Tortillas Spanish Rice, Cole Slaw, Ice Cream DINNER Spaghetti w/Meat Balls Mushroom, Garlic Bread Vanilla Pudding	20 BREAKFAST Hot & Cold Cereal Toast, Fried Egg Hash Browns, Bacon Diced Peaches LUNCH Salisbury Steak, Mashed Potatoes Mixed Vegetables, Jello DINNER Chicken Enchiladas w/Green Sauce Lettuce, Rice, Corn Cookies
21 BREAKFAST Hot & Cold Cereal Scrambled Eggs, Hash Browns Pork Sausage Patty, Banana LUNCH BBQ Chicken, Mashed Potatoes Mied Vegetables Pistachio Pudding DINNER Chili Dogs w/Cheese & Onions Potato Salad, Fruit Mix	22 BREAKFAST Hot & Cold Cereal Blueberry Pancakes, Pork Sausage Diced Peaches LUNCH Chicken Stew Over Rice Broccoli, Banana Pudding DINNER Beef Enchiladas Rice, Lettuce, Corn Bread Pudding	23 BREAKFAST Hot & Cold Cereal Scrambled Eggs, Toast Turkey Sausage Patty, Hash Browns LUNCH Beef Casserole, Garlic Bread Mixed Vegetables, Jello Dinner Grilled Chicken Mashed Potatoes, Green Peas Chocolate Pudding	24 BREAKFAST Hot & Cold Cereal Potato Pancake w/White Gravy Bacon, Diced Pears LUNCH Beef Stew Rice, Broccoli Ice Cream DINNER Ham Sandwich Potato Salad Banana Pudding	25 BREAKFAST Hot & Cold Cereal Waffles w/Strawberries, Sausage Diced Peaches LUNCH Teriyaki Meat Balls Rice Mix, Vegetables Bread Pudding DINNER Sloppy Joe on a Bun Macaroni Salad, Cookies	26 BREAKFAST Hot & Cold Cereal Biscuit & Gravy, Bacon Sausage, Banana LUNCH Baked Fish Pollock w/Tartar Sauce Roasted Potatoes Ice Cream DINNER Italian Sausage Casserole Garlic Bread, Mixed Vegetables Pistachio Pudding	27 BREAKFAST Hot & Cold Cereal Toast, Cheese Omelet, Hash Browns LUNCH Salisbury Steak w/Mushroom Gravy Rice, Cauliflower, Jello DINNER Egg Salad Sandwich Cheese, Lettuce, Macaroni Salad Blueberry Tart
28 PALM SUNDAY BREAKFAST Hot & Cold Cereal Pancakes, Bacon Slice, Peaches LUNCH Spaghetti w/Meat Sauce Garlic Bread, Mixed Vegetables Egg Custard DINNER Cheese Enchiladas w/Green Sauce Lettuce, Rice, Jello	29 BREAKFAST Hot & Cold Cereal Vegetable Quiche, Sausage Link Toast, Hash Browns, Orange Slices LUNCH Cheeseburger w/Lettuce & Tomato Baked Beans, Jello DINNER Turkey Tetrzini Garlic Bread, Mixed Vegetables Yellow Cake	30 BREAKFAST Hot & Cold Cereal Scrambled Eggs, Turkey Sausage Patty, Hash Browns, Toast Diced Peaches LUNCH Teriyaki Chicken, Rice Broccoli, Chocolate Pudding DINNER Ham Sandwich, Lettuce & Tomato Macaroni Salad, Peach Cobbler	31 Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Jun or Michael know 3 hours before meal time.	BEVERAGES Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Coffee - Hot Tea Water - Ice Tea	THE MONTH OF MARCH IS... Berries and Cherries Month Caffeine Awareness Month Humorists are Artists Month Irish-American Heritage Month Kidney Cancer Awareness Month National Color Therapy Month National Craft Month National Crochet Month National Kidney Month National March Into Literacy Month National Noodle Month National Nutrition Month National Optimism Month National Peanut Month National Sleep Awareness Month National Women Inventors Month Mad for Plaid Month Red Cross Month Spiritual Wellness Month Women's History Month	MENU ALTERNATIVES The following are alternative meals for Lunch or Dinner. 1. Ham or Turkey Sandwich 2. Fruit Salad w/Cottage Cheese 3. Cold Veggie Plate w/Dressing 4. Cheese Omelet w/Toast 5. Grilled Cheese Sandwich 6. Peanut Butter & Jelly Sandwich