

# CARSON 2024 May Calendar

Calendar  
subject to  
change



## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

Snacks are served daily. Coffee and Juice will also be available.

### MAY DAYS TO NOTE...

- |                                |                                      |
|--------------------------------|--------------------------------------|
| 01 May Day                     | 16 Nat'l Love A Tree Day             |
| 02 Nat'l Play Your Ukulele Day | 17 NASCAR Day                        |
| 04 Kentucky Derby              | 20 World Bee Day                     |
| 06 Nat'l Nurses Day            | 21 World Meditation Day              |
| 07 Nat'l Teacher Day           | 23 Lucky Penny Day                   |
| 08 Reward Yourself Day         | 26 Indianapolis 500                  |
| 12 Nat'l Limerick Day          | 28 Nat'l Mint Julep Day              |
| 13 Top Gun Day                 | 31 Nat'l Smile Day                   |
| 14 Dance Like a Chicken Day    | 31 Nat'l Senior Health & Fitness Day |

**9 - 3 MEDICAL RUN 1**

9:30 Stretching/Walks  
10:00 Snacks  
11:00 Coloring  
12:00 Lunch  
1:30 Bingo  
2:30 Snacks  
3:00 Puzzles  
4:30 Dinner  
5:00 Mail

**9 - 3 MEDICAL RUN 2**

9:30 Exercise  
11:30 Current Events  
12:00 Lunch  
1:30 Arts & Crafts  
2:30 Snacks  
3:00 Karaoke  
4:30 Dinner  
5:00 Mail  
6:00 Church of Christ-Iglesia Ni Cristo

**BEAUTY SALON 3**

9:30 Stretching/Walks  
11:00 Snacks  
11:30 Arts & Crafts  
12:00 Lunch  
1:30 Board Games  
2:30 Snacks  
3:00 Playing Cards  
4:30 Dinner  
5:00 Mail

**4**

9:30 Exercise  
11:00 Snacks  
11:30 Grooming/Hygiene  
12:00 Lunch  
1:30 Movie /Popcorn  
2:30 Coloring  
3:00 Table Games  
4:30 Dinner  
5:00 Mail

**Cinco de Mayo 5**

9:30 Bible Reading  
12:00 Lunch  
2:00 The Metropolitan Church of Christ  
2:30 Pool Room  
3:00 Family Day  
4:30 Dinner

**9 - 3 MEDICAL RUN 6**

9:30 Stretching/Exercise  
10:00 Cookies 'n' Cards  
11:00 Movie / Popcorn  
12:00 Lunch  
1:30 Bingo  
2:30 Snacks  
3:00 Arts & Crafts  
4:30 Dinner  
5:00 Mail

**9 - 3 MEDICAL RUN 7**

9:30 Exercise/Dancing  
11:00 Snacks  
12:00 **Cinco De Mayo Celebration**  
1:30 Movie/Popcorn  
2:30 Grooming/Hygiene  
3:00 Arts & Crafts  
4:30 Dinner  
5:00 Mail

**9 - 3 MEDICAL RUN 8**

9:30 Stretching/Walks  
10:00 Snacks  
11:00 Coloring  
12:00 Lunch  
1:30 Bingo  
2:30 Snacks  
3:00 Puzzles  
4:30 Dinner  
5:00 Mail

**9 - 3 MEDICAL RUN 9**

9:30 Exercise  
11:00 **Resident Council Meeting**  
11:30 Current Events  
12:00 Lunch  
1:30 Arts & Crafts  
2:30 Snacks  
3:00 Karaoke  
4:30 Dinner  
5:00 Mail  
6:00 Church of Christ-Iglesia Ni Cristo

**BEAUTY SALON 10**

9:30 Stretching/Walks  
11:00 Snacks  
11:30 Arts & Crafts  
12:00 Lunch  
1:30 Board Games  
2:30 Snacks  
3:00 Playing Cards  
4:30 Dinner  
5:00 Mail

**11**

9:00 News/TV Time  
10:30 **The Good Shepherd Ministry**  
12:00 Lunch  
1:30 Movie /Popcorn  
2:30 Coloring  
3:00 Table Games  
4:30 Dinner  
5:00 Mail

**Mother's Day 12**

9:30 Bible Reading  
12:00 Lunch  
2:00 The Metropolitan Church of Christ  
2:30 Pool Room  
3:00 Family Day  
4:30 Dinner

**9 - 3 MEDICAL RUN 13**

9:30 Exercise  
11:00 Snacks  
11:30 Nice Nails  
12:00 Lunch  
1:30 Bingo  
2:30 Snacks  
3:00 Coloring Contest  
4:30 Dinner  
5:00 Mail

**9 - 3 MEDICAL RUN 14**

9:30 Exercise/Dancing  
11:00 Snacks  
12:00 Lunch  
1:30 Movie/Popcorn  
2:30 Grooming/Hygiene  
3:00 Arts & Crafts  
4:30 Dinner  
5:00 Mail

**9 - 3 MEDICAL RUN 15**

9:30 Stretching/Walks  
10:00 Snacks  
11:00 Coloring  
12:00 Lunch  
1:30 Bingo  
2:30 Snacks  
3:00 Puzzles  
4:30 Dinner  
5:00 Mail

**9 - 3 MEDICAL RUN 16**

9:30 Exercise  
11:30 Current Events  
12:00 Lunch  
1:30 Arts & Crafts  
2:30 Snacks  
3:00 Karaoke  
4:30 Dinner  
5:00 Mail  
6:00 Church of Christ-Iglesia Ni Cristo

**BEAUTY SALON 17**

9:00 Coloring/Painting  
10:00 Exercise/Stretching  
11:30 Snacks  
12:00 Lunch  
1:30 Bingo  
2:30 Snacks  
3:30 Karaoke  
4:30 Dinner  
5:00 Mail

**18**

9:30 Exercise  
11:00 Snacks  
11:30 Grooming/Hygiene  
12:00 Lunch  
1:30 Movie /Popcorn  
2:30 Coloring  
3:00 Table Games  
4:30 Dinner  
5:00 Mail

**19**

9:30 Bible Reading  
12:00 Lunch  
2:00 The Metropolitan Church of Christ  
2:30 Pool Room  
3:00 Family Day  
4:30 Dinner

**9 - 3 MEDICAL RUN 20**

**Catholic Mass St. Philomena Church Today**  
9:30 Exercise  
11:00 Snacks  
11:30 Nice Nails  
12:00 Lunch  
1:30 Bingo  
2:30 Snacks  
3:00 Coloring Contest  
4:30 Dinner

**9 - 3 MEDICAL RUN 21**

9:30 Exercise/Dancing  
11:00 Snacks  
12:00 Lunch  
1:30 Movie/Popcorn  
2:30 Grooming/Hygiene  
3:00 Arts & Crafts  
4:30 Dinner  
5:00 Mail

**9 - 3 MEDICAL RUN 22**

9:30 Stretching/Walks  
10:00 Snacks  
11:00 Coloring  
12:00 Lunch  
1:30 Bingo  
2:30 Snacks  
3:00 Puzzles  
4:30 Dinner  
5:00 Mail

**9 - 3 MEDICAL RUN 23**

9:30 Exercise  
11:30 Current Events  
12:00 Lunch  
1:30 Arts & Crafts  
2:30 Snacks  
3:00 Karaoke  
4:30 Dinner  
5:00 Mail  
6:00 Church of Christ-Iglesia Ni Cristo

**BEAUTY SALON 24**

9:00 Movie/Popcorn  
10:00 Exercising/Stretching  
11:30 Snacks  
12:00 Lunch  
1:30 Karaoke  
2:30 Snacks  
3:30 Coloring/Painting  
4:30 Dinner  
5:00 Mail

**25**

9:00 News/TV Time  
10:30 **The Good Shepherd Ministry**  
12:00 Lunch  
1:30 Movie /Popcorn  
2:30 Coloring  
3:00 Table Games  
4:30 Dinner  
5:00 Mail

**26**

9:30 Bible Reading  
12:00 Lunch  
2:00 The Metropolitan Church of Christ  
2:30 Pool Room  
3:00 Family Day  
4:30 Dinner

**9 - 3 MEDICAL RUN 27**

**Memorial Day**  
9:30 Exercise  
11:00 Snacks  
11:30 Nice Nails  
12:00 Lunch  
1:30 Bingo  
2:30 Snacks  
3:00 Coloring Contest  
4:30 Dinner  
5:00 Mail

**9 - 3 MEDICAL RUN 28**

9:00 Movie / Popcorn  
10:00 Exercise / Stretching  
11:00 Karaoke  
12:00 Lunch  
2:30 Snacks  
3:00 Painting / Arts & Crafts  
4:30 Dinner  
5:00 Mail

**9 - 3 MEDICAL RUN 29**

9:30 Stretching/Walks  
10:00 Snacks  
11:00 Coloring  
12:00 Lunch  
1:30 Bingo  
2:30 Snacks  
3:00 Puzzles  
4:30 Dinner  
5:00 Mail

**9 - 3 MEDICAL RUN 30**

9:30 Exercise  
11:30 Current Events  
12:00 Lunch  
1:30 Arts & Crafts  
2:30 Snacks  
3:00 Karaoke  
4:30 Dinner  
5:00 Mail  
6:00 Church of Christ-Iglesia Ni Cristo

**BEAUTY SALON 31**

9:00 Movie/Popcorn  
10:00 Exercising/Stretching  
11:30 Snacks  
12:00 Lunch  
1:00 **Resident Birthday Party**  
1:30 Karaoke  
2:30 Snacks  
3:30 Coloring/Painting  
4:30 Dinner  
5:00 Mail

**Beauty Shop open every Friday with Elvira 9:00 a.m.-12:00 p.m.**