

CARSON 2024 May Menu

Menu
subject to
change



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

MENU ALTERNATIVES
The following are alternative meals for Lunch or Dinner.

1. Ham or Turkey Sandwich
2. Fruit Salad w/Cottage Cheese
3. Cold Veggie Plate w/Dressing
4. Cheese Omelet w/Toast
5. Grilled Cheese Sandwich
6. Peanut Butter & Jelly Sandwich

THE MONTH OF MAY IS...

Country Music Month Family History Month Gifts From the Garden Month Mediterranean Diet Month Nat'l Arts and Humanities Month Nat'l Barbecue Month Nat'l Book Month Nat'l Dessert Month Nat'l Hamburger Month Nat'l Hot Dog Month	Nat'l Military Appreciation Month Nat'l Pasta Month Nat' Pet Month Nat'l Pizza Month Nat'l Strawberry Month Nat'l Tennis Month Older Americans Month National Barbecue Month Skin Cancer Awareness Month World Trade Month
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BREAKFAST 1
Pineapple Juice, Farina
Country Scramble, English Muffin

LUNCH
Roast Beef Sandwich
Three Bean Salad, Jello

DINNER
Sloppy Joe on a Bun
Potatoes, Vegetables
Peach Cobbler

BREAKFAST 2
Apple Juice, French Toast
Syrup, Cream of Rice

LUNCH
Fruit Salad w/Cottage Cheese
Dinner Roll
Chocolate Chip Cookies

DINNER
Turkey Tetrazzini
Mixed Vegetables, Corn Bread
Pudding

BREAKFAST 3
Apple Juice, French Toast
Syrup, Cream of Rice

LUNCH
Chicken Fajitas, Steamed Rice
Cut Corn, Red Salsa, Fruit Mix

DINNER
Cheese Manicotti
Garlic Bread, Vegetables
Jello

BREAKFAST 4
Apple Juice
Cream of Rice
French Toast, Syrup

LUNCH
Turkey Salad Cold Plate
Dinner Roll, Peach Cobbler

DINNER
Grilled Chicken
Mashed Potatoes, Green Peas
Orange Cake

Cinco de Mayo **5**

BREAKFAST
Pineapple Juice
Oatmeal, Maple Bacon
Oven Pancake Sausage Links

LUNCH
Chicken Sandwich, Lettuce & Tomatoes, Cut Corn, Cookies

DINNER
Tomato Rice Soup
Egg Salad Sandwich, Green Salad
Sliced Peaches

BREAKFAST 6
Orange Juice, Fried Egg
Malt-O-Meal
Hash Browned Potatoes

LUNCH
Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello

DINNER
Roast Turkey, Mashed Potatoes
Mixed Vegetables
Chocolate Cake

BREAKFAST 7
Cranberry Juice,
Bacon, Malt-O-Meal
Pancakes, Syrup

CINCO DE MAYO CELEBRATION

DINNER
Cheese Enchilada, Steamed Rice
Cut Corn, Cherry Tart

BREAKFAST 8
Grape Juice, Farina
Breakfast Frittata, Toast, Orange Slice

LUNCH
Tuna Sandwich, Green Salad
Ranch Dressing, Pudding

DINNER
Sloppy Joe
on a Hamburger Bun
Macaroni Salad
Chocolate Chip Cookies

BREAKFAST 9
Apple Juice, Syrup
French Toast, Cream of Rice

LUNCH
Grilled Cheese Sandwich
Potato Chips, Dessert Fruit Mix

DINNER
BBQ Chicken
Mashed Potatoes, Vegetables
Ice Cream

BREAKFAST 10
Apple Juice, Cream of
Rice, French Toast, Syrup

LUNCH
Beef Tamales, Steamed Rice
Red Salsa, Cut Corn, Apple Crisp

DINNER
Baked Fish, Steamed Rice
Green Peas
Chocolate Cake

BREAKFAST 11
Apple Juice, Oatmeal
Scrambled Eggs, Toast

LUNCH
Grilled Ham & Cheese Sandwich
Coleslaw Salad, Jello

DINNER
Sweet Sour Chicken
Steamed Rice, Cut Corn
Ice Cream

Mother's Day **12**

BREAKFAST
Cold Cereals, Pancakes
Fruit Slice, Toast, Bacon, Oatmeal

LUNCH
Mostaccioli Pasta, Garlic Bread
Vegetables, Dessert Cookies

DINNER
White Bean Soup
Egg Salad Sandwich, Green Salad
Yellow Cake

BREAKFAST 13
Orange Juice, Fried Egg
Malt-O-Meal
Hash Browned Potatoes

LUNCH
Hot Dog, Potato Chips, Fruit Mix

DINNER
Beef Macaroni
Green Beans, Garlic Bread
Peach Cobbler

BREAKFAST 14
Blended Juice, Toast
Malt-O-Meal Fried Egg
Hash Browned Potatoes

LUNCH
Grilled Cheese Sandwich
Macaroni Salad, Jello

Dinner
Grilled Chicken
Mashed Potatoes, Green Peas
Chocolate Pudding

BREAKFAST 15
Apple Juice, Oatmeal
French Toast, Sausage Links, Syrup

LUNCH
Fruit Salad w/Cottage Cheese
Dinner Roll, Pudding

DINNER
Sloppy Joe on a Bun
Macaroni Salad
Chocolate Chip Cookies

BREAKFAST 16
Pineapple Juice, Farina
Country Scramble, English Muffin

LUNCH
Cheese Quesadilla
Refried Beans, Cut Corn, Fresh Fruit

DINNER
BBQ Chicken
Vegetables, Mashed Potatoes
Ice Cream

BREAKFAST 17
Orange Juice, Pancakes
Malt-O-Meal, Pancakes, Syrup

FISH
Fish Tacos, Steamed Rice
Coleslaw Salad, Apple Crisp

DINNER
Spaghetti w/Meat Sauce
Garlic Bread, Mixed Vegetables
Pudding

BREAKFAST 18
Apple Juice, Toast
Cheese Omelet, Hash Browns

LUNCH
Grilled Cheese Sandwich
Potato Chips, Ice Cream

DINNER
Crab Salad
Mashed Potatoes
Mixed Vegetables
Jello

BREAKFAST 19
Cold Cereals, Pancakes
Fruit Slice, Toast, Bacon, Oatmeal

LUNCH
Chili Dogs w/Cheese & Onions
Potato Chips, Fruit Mix

DINNER
White Bean Soup, Green Salad
Egg Salad Sandwich
Yellow Cake

BREAKFAST 20
Orange Juice, Fried Egg
Malt-O-Meal
Hash Browned Potatoes

LUNCH
Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello

DINNER
Roast Turkey, Mashed Potatoes
Mixed Vegetables
Chocolate Cake

BREAKFAST 21
Apple Juice, Oatmeal
French Toast, Sausage Links, Syrup

LUNCH
BBQ Pork Patties, Mashed Potatoes
Mixed Vegetables, Ice Cream

DINNER
Spaghetti w/Meat Sauce
Green Beans, Garlic Bread
Cookies

BREAKFAST 22
Apple Juice, Oatmeal
French Toast, Sausage Links, Syrup

LUNCH
Fruit Salad w/Cottage Cheese
Dinner Roll, Pudding

DINNER
Salisbury Steak
Mashed Potatoes, Vegetables
Cherry Tart

BREAKFAST 23
Pineapple Juice, Farina
Country Scramble, English Muffin

LUNCH
Cheese Quesadilla
Refried Beans, Cut Corn, Fresh Fruit

DINNER
BBQ Chicken
Vegetables, Mashed Potatoes
Chocolate Cake

BREAKFAST 24
Orange Juice, Pancakes
Malt-O-Meal, Pancakes, Syrup

LUNCH
Ground Beef & Rice, Tacos, Lettuce
Tomatoes, Red Salsa
Egg Custard

DINNER
Fish, Red Potatoes
Green Beans
Pudding

BREAKFAST 25
Apple Juice, Toast
Cheese Omelet, Hash Browns

LUNCH
Grilled Cheese Sandwich
Potato Chips, Ice Cream

DINNER
Crab Salad
Mashed Potatoes, Mixed
Vegetables, Jello

BREAKFAST 26
Cold Cereals, Pancakes
Fruit Slice, Toast, Bacon, Oatmeal

LUNCH
Chili Dogs w/Cheese & Onions
Potato Chips, Fruit Mix

DINNER
White Bean Soup, Green Salad
Egg Salad Sandwich
Yellow Cake

Memorial Day **27**

BREAKFAST
Orange Juice, Fried Egg
Malt-O-Meal
Hash Browned Potatoes

LUNCH
Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello

DINNER
Roast Turkey, Mashed Potatoes
Mixed Vegetables, Chocolate Cake

BREAKFAST 28
Apple Juice, Oatmeal
French Toast, Sausage Links, Syrup

LUNCH
BBQ Pork Patties, Mashed Potatoes
Mixed Vegetables, Ice Cream

DINNER
Spaghetti w/Meat Sauce
Green Beans, Garlic Bread
Cookies

BREAKFAST 29
Pineapple Juice, Farina
Country Scramble, English Muffin

LUNCH
Roast Beef Sandwich
Three Bean Salad, Jello

DINNER
Sloppy Joe on a Bun
Potatoes, Vegetables
Peach Cobbler

BREAKFAST 30
Apple Juice, French Toast
Syrup, Cream of Rice

LUNCH
Fruit Salad w/Cottage Cheese
Dinner Roll
Chocolate Chip Cookies

DINNER
Turkey Tetrazzini
Mixed Vegetables, Corn Bread
Pudding

BREAKFAST 31
Apple Juice, French Toast
Syrup, Cream of Rice

LUNCH
Chicken Fajitas, Steamed Rice
Cut Corn, Red Salsa, Fruit Mix

DINNER
Cheese Manicotti
Garlic Bread, Vegetables
Jello

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Mayolo know 3 hours before meal time.

BEVERAGES
Breakfast
Cranberry, Apple, Orange Juices
Coffee - Hot Tea
Hot Chocolate
Milk - Water
Lunch & Dinner
Coffee - Hot Tea
Water - Ice Tea