

# CARSON 2026

## April Menu

Menu subject to change  
Lic#: 198204950



### SUNDAY

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Jun or Michael know 3 hours before meal time.

**BEVERAGES**  
**Breakfast**  
Cranberry, Apple, Orange Juices  
Coffee - Hot Tea  
Hot Chocolate  
Milk - Water  
**Lunch & Dinner**  
Coffee - Hot Tea  
Water - Ice Tea

### THE MONTH OF APRIL IS...

Defeat Diabetes Month  
English Language Month  
Financial Literacy Month  
Int'l Guitar Month  
Jazz Appreciation Month  
Keep America Beautiful Month  
Lawn and Garden Month  
Mathematics Awareness Month  
Month of the Military Child  
Nat'l Afternoon Tea Month  
Nat'l Autism Awareness Month

Nat'l B.L.T. Sandwich Month  
Nat'l Garden Month  
Nat'l Grilled Cheese Month  
Nat'l Humor Month  
Nat'l Military Appreciation Month  
Nat'l Month of Hope  
Nat'l Poetry Month  
Nat'l Soft Pretzel Month  
Nat'l Volunteer Month  
Occupational Therapy Month  
Second Chance Month

**PURIM BEGINS AT SUNDOWN**  
**BREAKFAST**  
Hot & Cold Cereal, Fruit  
Biscuit & Gravy, Bacon, Sausage  
**LUNCH**  
Stir Fry Chicken, Steamed Rice  
Seasoned Zucchini  
Egg Custard  
**DINNER**  
Meat Lasagna, Garlic Bread  
Cali-Blend Vegetables, White Cake

**BREAKFAST**  
Hot & Cold Cereal  
Turkey Sausage, Scrambled Egg  
Toast, Hash Browns, Diced Peaches  
**LUNCH**  
Beef Tacos w/Cheese  
Tomato, Onion, Rice  
Banana Pudding  
**DINNER**  
Chicken Pesto  
Mashed Potatoes, Broccoli  
Apple Cobbler

**GOOD FRIDAY**  
**BREAKFAST**  
Hot & Cold Cereal  
Potato Pancake, Bacon, Sausage Link  
Toast, Diced Honeydew Melon  
**LUNCH**  
Baked Fish Pollock w/Tartar Sauce  
Cole Slaw, Roasted Potato, Ice Cream  
**DINNER**  
Beef Ravioli w/Cheese  
Garlic Bread, Mixed Vegetables  
Blueberry Muffin

**BREAKFAST**  
Hot & Cold Cereal  
Toast, Fried Egg, Hash Browns  
Sausage Links, Cantaloupe  
**LUNCH**  
Salisbury Steak w/Mushroom Gravy  
Mashed Potatoes Broccoli, Jello  
**DINNER**  
Egg Salad Sandwich  
Cheese, Lettuce  
Green Salad, Asian Dressing  
Ice Cream

**EASTER SUNDAY**  
**BREAKFAST**  
Hot & Cold Cereal, Bacon  
French Toast, Diced Peaches  
**LUNCH**  
Chicken Fried Rice  
Vegetable Egg w/Sweet & Sour  
Sauce, Fruit Mix  
**DINNER**  
Cheese Enchiladas, Green Salad,  
Rice, Corn, Yellow Cake

**BREAKFAST**  
Hot & Cold Cereal  
Corned Beef Hash  
Scrambled Egg, Toast  
Diced Honeydew Melon  
**LUNCH**  
Chicken Adobo Over Rice  
Cauliflower, Blueberry Tart  
**DINNER**  
Cheeseburger w/Lettuce, Tomato  
Baked Beans, Jello

**BREAKFAST**  
Hot & Cold Cereal  
Bacon, Waffle w/Blueberries  
Diced Peaches  
**LUNCH**  
Beef Tacos w/Cheese  
Tomato, Onions, Rice  
Banana Pudding  
**DINNER**  
Chicken Casserole, Garlic Bread  
Mixed Vegetables, Muffin

**BREAKFAST**  
Hot & Cold Cereal  
Banana Pancake  
Pork Sausage, Fruit  
**LUNCH**  
Chicken Pesto Over Rice  
Spinach, Ice Cream  
**DINNER**  
Grilled Bologna Sandwich  
w/Lettuce, Cheese, Tomato  
Potato Sald, Chocolate Cookies

**BREAKFAST**  
Hot & Cold Cereal  
Toast, Scrambled Eggs  
Pork Sausage Patty, Diced Pears  
**LUNCH**  
Teriyaki Meat Balls, Rice  
Broccoli, Fruit Cocktail  
**DINNER**  
Picadillo Over Rice  
Mixed Vegetables  
Pistachio Pudding

**BREAKFAST**  
Hot & Cold Cereal  
Potato Pancake w/White Gravy  
Toast, Bacon, Sausage Link  
Diced Honeydew Melon  
**LUNCH**  
Beef Fajitas w/Corn Tortilla  
Beans, Spanish Rice  
Ice Cream  
**DINNER**  
Turkey Casserole, Garlic Bread  
Mixed Vegetables, Bread Pudding

**BREAKFAST**  
Hot & Cold Cereal  
Cheese Omelet, Hash Browns  
Toast, Sliced Oranges  
**LUNCH**  
Egg Fried Rice  
Chicken Egg Roll w/Sweet & Sour  
Sauce, Chocolate Cake  
**DINNER**  
Spaghetti w/Meat Sauce, Garlic  
Bread, Green Salad, Thousand Island  
Dressing, Cookies

**BREAKFAST**  
Hot & Cold Cereal  
Pancakes, Bacon, Diced Pears  
**LUNCH**  
BBQ Pork Patty  
Mashed Potatoes, Mixed  
Vegetables, Yellow Cake  
**DINNER**  
Ham Sandwich, Tomato, Cheese  
Tomato, Lettuce, Potato Salad  
Green Salad, Asian Dressing  
Jello

**BREAKFAST**  
Hot & Cold Cereal  
Spinach Scrambled Eggs  
Toast, Hash Browns, Sausage  
Sliced Oranges  
**LUNCH**  
Chicken Alfredo, Penne Pasta  
Cesar Salad, Garlic Bread  
Orange Cake  
**DINNER**  
Cheeseburger w/Lettuce & Tomato  
Baked Beans, Tapioca Pudding

**BREAKFAST**  
Hot & Cold Cereal,  
Bacon, Peaches  
Waffle w/Sliced Strawberries  
**LUNCH**  
Teriyaki Chicke, Rice, Broccoli  
Ice Cream  
**DINNER**  
Sloppy Joe on a Bun  
Macaroni Salad  
Egg Custard

**TAX DAY**  
**BREAKFAST**  
Hot & Cold Cereal  
Potato Pancakes w/White Gravy  
Toast, Sausage Link, Banana  
**LUNCH**  
Beef Stroganoff w/Rotini Noodles  
Spinach, Garlic Bread  
White Cake  
**DINNER**  
Turkey Sandwich  
Potato Salad, Jello

**BREAKFAST**  
Hot & Cold Cereal  
French Toast, Bacon, Bacon  
Diced Honeydew Melon  
**LUNCH**  
Turkey Tetrzzini, Garlic Bread, Egg  
Cali-Blend Vegetables  
Custard  
**DINNER**  
Chicken Adobo, Rice  
Mixed Vegetables  
Chocolate Muffin

**BREAKFAST**  
Hot & Cold Cereal  
Biscuit & Gravy  
Bacon, Sausage, Sliced Peaches  
**LUNCH**  
Fish Tacos w/Corn Tortillas  
Spanish Rice, Cole Slaw, Ice Cream  
**DINNER**  
Spaghetti w/Meat Balls  
Mushroom, Garlic Bread  
Vanilla Pudding

**BREAKFAST**  
Hot & Cold Cereal  
Toast, Fried Egg  
Hash Browns, Bacon  
Diced Peaches  
**LUNCH**  
Salisbury Steak, Mashed Potatoes  
Mixed Vegetables, Jello  
**DINNER**  
Chicken Enchiladas w/Green Sauce  
Lettuce, Rice, Corn  
Cookies

**BREAKFAST**  
Hot & Cold Cereal  
Scrambled Eggs, Hash Browns  
Pork Sausage Patty, Banana  
**LUNCH**  
BBQ Chicken, Mashed Potatoes  
Mied Vegetables  
Pistachio Pudding  
**DINNER**  
Chili Dogs w/Cheese & Onions  
Potato Salad, Fruit Mix

**BREAKFAST**  
Hot & Cold Cereal  
Blueberry Pancakes, Pork Sausage  
Diced Peaches  
**LUNCH**  
Meat Lasagna, Dinner Roll,  
Garden Salad, French Dressing  
Orange Cake  
**DINNER**  
Beef Enchiladas, Rice, Lettuce, Corn  
Bread Pudding

**BREAKFAST**  
Hot & Cold Cereal  
Scrambled Eggs, Toast  
Turkey Sausage Patty, Hash Browns  
**LUNCH**  
Beef Casserole, Garlic Bread  
Mixed Vegetables, Jello  
**Dinner**  
Grilled Chicken  
Mashed Potatoes, Green Peas  
Chocolate Pudding

**BREAKFAST**  
Hot & Cold Cereal  
Potato Pancake w/White Gravy  
Bacon, Diced Pears  
**LUNCH**  
Pork Stew Over Rice  
Broccoli  
Ice Cream  
**DINNER**  
Ham Sandwich  
Potato Salad  
Banana Pudding

**BREAKFAST**  
Hot & Cold Cereal  
Waffles w/Strawberries, Sausage  
Diced Peaches  
**LUNCH**  
Teriyaki Meat Balls  
Rice Mix, Vegetables  
Bread Pudding  
**DINNER**  
Sloppy Joe on a Bun  
Macaroni Salad, Cookies

**BREAKFAST**  
Hot & Cold Cereal  
Biscuit & Gravy, Bacon  
Sausage, Banana  
**LUNCH**  
Chicken Tacos w/Corn Tortilla  
Spanish Rice, Refried Beans  
Ice Cream  
**DINNER**  
Italian Sausage Casserole  
Garlic Bread, Mixed Vegetables  
Pistachio Pudding

**BREAKFAST**  
Hot & Cold Cereal  
Toast, Cheese Omelet, Hash  
Browns  
**LUNCH**  
Salisbury Steak w/Mushroom Gravy  
Rice, Cauliflower, Jello  
**DINNER**  
Egg Salad Sandwich  
Cheese, Lettuce, Macaroni Salad  
Blueberry Tart

**BREAKFAST**  
Hot & Cold Cereal  
Pancakes, Bacon Slice, Peaches  
**LUNCH**  
Spaghetti w/Meat Sauce  
Garlic Bread, Mixed Vegetables  
Egg Custard  
**DINNER**  
Cheese Enchiladas w/Green Sauce  
Lettuce, Rice, Jello

**BREAKFAST**  
Hot & Cold Cereal  
Vegetable Quiche, Sausage Link  
Toast, Hash Browns, Orange Slices  
**LUNCH**  
Cheeseburger w/Lettuce & Tomato  
Baked Beans, Jello  
**DINNER**  
Turkey Tetrzzini  
Garlic Bread, Mixed Vegetables  
Yellow Cake

**BREAKFAST**  
Hot & Cold Cereal  
Scrambled Eggs, Turkey Sausage  
Patty, Hash Browns, Toast  
Diced Peaches  
**LUNCH**  
Roast Turkey, Mashed Potato  
Cranberry Sauce  
Chocolate Pudding  
**DINNER**  
Ham Sandwich, Lettuce & Tomato  
Macaroni Salad, Peach Cobbler

**BREAKFAST**  
Hot & Cold Cereal, Fruit  
Biscuit & Gravy, Bacon, Sausage  
**LUNCH**  
Stir Fry Chicken, Steamed Rice  
Seasoned Zucchini  
Egg Custard  
**DINNER**  
Grilled Bologna Sandwich w/  
Cheese, Lettuce, Tomato  
Potato Salad, White Cake

**BREAKFAST**  
Hot & Cold Cereal  
Turkey Sausage, Scrambled Egg  
Toast, Hash Browns, Diced Peaches  
**LUNCH**  
Beef Tacos w/Cheese  
Tomato, Onion, Rice  
Banana Pudding  
**DINNER**  
Chicken Pesto  
Mashed Potatoes, Broccoli  
Apple Cobbler



**MENU ALTERNATIVES**  
The following are alternative meals for Lunch or Dinner.

1. Ham or Turkey Sandwich
2. Fruit Salad w/Cottage Cheese
3. Cold Veggie Plate w/Dressing
4. Cheese Omelet w/Toast
5. Grilled Cheese Sandwich
6. Peanut Butter & Jelly Sandwich