



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



JANUARY DAYS TO NOTE...

- | | |
|---------------------------------------|-----------------------------|
| 01 World Day of Peace | 14 Day |
| 02 Nat'l Motivation & Inspiration Day | 15 Orthodox New Year |
| 03 Fruitcake Toss Day | 16 Nat'l Bagel Day |
| 04 Nat'l Trivia Day | 17 Appreciate a Dragon Day |
| 05 Nat'l Bird Day | 18 Benjamin Franklin Day |
| 06 Epiphany | 19 Nat'l Gourmet Coffee Day |
| 07 Orthodox Christmas Day | 20 Nat'l Popcorn Day |
| 08 War on Poverty Day | 21 Take a Walk Outdoors Day |
| 10 Peculiar People Day | 22 Grandma Day |
| 12 Nat'l Hot Tea Day | 23 Grandpa Day |
| 13 Make Your Dreams Come True | |



NEW YEAR'S DAY

- 9:30 Exercise
11:30 Current Events
12:00 Lunch
1:30 Arts & Crafts
2:00 **The Metropolitan Church of Christ**
2:30 Snacks
3:00 Karaoke
4:30 Dinner
5:00 Mail
6:00 **Church of Christ-Iglesia Ni Cristo**



BEAUTY SALON

- 10:00 Exercising/Stretching
11:30 Snacks
12:00 Lunch
1:30 Karaoke
2:30 Snacks
3:30 Coloring/Painting
4:30 Dinner
5:00 Mail



9:00 News/TV Time

- 10:30 **The Good Shepherd Ministry**
12:00 Lunch
1:00 **Church of Christ-Iglesia Ni Cristo**
1:30 Movie /Popcorn
2:30 Holiday Art
3:00 Table Games
4:30 Dinner
5:00 Mail



4

- 9:30 Bible Reading
12:00 Lunch
2:00 **The Metropolitan Church of Christ**
2:30 Pool Room
3:00 Family Day
4:30 Dinner



9 - 3 MEDICAL RUN

5

- 9:30 Exercise
11:00 Snacks
11:30 Nice Nails
12:00 Lunch
1:30 Bingo
2:30 Snacks
3:00 Coloring Contest
4:30 Dinner
5:00 Mail



9 - 3 MEDICAL RUN

6

- 9:30 Exercise/Dancing
11:00 Nice Nails
12:00 Lunch
1:00 Haircuts
2:30 Beauty Salon
2:30 Bingo!
4:30 Dinner
5:00 Mail



9 - 3 MEDICAL RUN

7

- 9:30 Stretching/Walks
10:00 Snacks
11:00 Coloring
12:00 Lunch
1:30 Bingo
2:30 Snacks
3:00 Puzzles
4:30 Dinner
5:00 Mail



9 - 3 MEDICAL RUN

8

- 9:30 Exercise
11:30 Current Events
12:00 Lunch
1:30 Arts & Crafts
2:00 **Resident Council Meeting The Metropolitan Church of Christ**
2:30 Snacks
3:00 Karaoke
4:30 Dinner
5:00 Mail
6:00 **Church of Christ-Iglesia Ni Cristo**



BEAUTY SALON

9

- 10:00 Exercising/Stretching
11:30 Snacks
12:00 Lunch
1:30 Karaoke
2:30 Snacks
3:30 Coloring/Painting
4:30 Dinner
5:00 Mail



9:00 News/TV Time

- 10:30 **The Good Shepherd Ministry**
12:00 Lunch
1:00 **Church of Christ-Iglesia Ni Cristo**
1:30 Movie /Popcorn
2:30 Holiday Art
3:00 Table Games
4:30 Dinner
5:00 Mail



11

- 9:30 Bible Reading
12:00 Lunch
2:00 **The Metropolitan Church of Christ**
2:30 Pool Room
3:00 Family Day
4:30 Dinner



9 - 3 MEDICAL RUN

12

- 9:30 Exercise
11:00 Snacks
11:30 Nice Nails
12:00 Lunch
1:30 Bingo
2:30 Snacks
3:00 Coloring Contest
4:30 Dinner
5:00 Mail



9 - 3 MEDICAL RUN

13

- 9:30 Exercise/Dancing
11:00 Snacks
12:00 Lunch
1:30 Movie/Popcorn
2:30 Grooming/Hygiene
3:00 Arts & Crafts
4:30 Dinner
5:00 Mail



9 - 3 MEDICAL RUN

14

- 9:30 Stretching/Walks
10:00 Snacks
11:00 Coloring
12:00 Lunch
1:30 Bingo
2:30 Snacks
3:00 Puzzles
4:30 Dinner
5:00 Mail



9 - 3 MEDICAL RUN

15

- 9:30 Exercise
11:30 Current Events
12:00 Lunch
1:30 Arts & Crafts
2:00 **The Metropolitan Church of Christ**
2:30 Snacks
3:00 Karaoke
4:30 Dinner
5:00 Mail
6:00 **Church of Christ-Iglesia Ni Cristo**



BEAUTY SALON

16

- 9:00 Movie/Popcorn
10:00 **Walmart Outing**
11:30 Snacks
12:00 Lunch
1:30 Karaoke
2:30 Snacks
3:30 Coloring/Painting
4:30 Dinner
5:00 Mail



9:00 News/TV Time

- 10:30 **The Good Shepherd Ministry**
12:00 Lunch
1:00 **Church of Christ-Iglesia Ni Cristo**
1:30 Movie /Popcorn
2:30 Holiday Art
3:00 Table Games
4:30 Dinner
5:00 Mail



18

- 9:30 Bible Reading
12:00 Lunch
2:00 **The Metropolitan Church of Christ**
2:30 Pool Room
3:00 Family Day
4:30 Dinner



9 - 3 MEDICAL RUN

19

- 9:30 Exercise
11:00 Snacks
11:30 Nice Nails
12:00 Lunch
1:30 Bingo
2:30 Snacks
3:00 Coloring Contest
4:30 Dinner
5:00 Mail



9 - 3 MEDICAL RUN

20

- 9:30 Exercise/Dancing
11:00 Snacks
12:00 Lunch
1:30 Movie/Popcorn
2:30 Grooming/Hygiene
3:00 Arts & Crafts
4:30 Dinner
5:00 Mail



9 - 3 MEDICAL RUN

21

- 9:30 Stretching/Walks
10:00 Snacks
11:00 Coloring
12:00 Lunch
1:30 Bingo
2:30 Snacks
3:00 Puzzles
4:30 Dinner
5:00 Mail



9 - 3 MEDICAL RUN

22

- 9:30 Exercise
11:30 Current Events
12:00 Lunch
1:30 Arts & Crafts
2:00 **The Metropolitan Church of Christ**
2:30 Snacks
3:00 Karaoke
4:30 Dinner
5:00 Mail
6:00 **Church of Christ-Iglesia Ni Cristo**



BEAUTY SALON

23

- 10:00 Exercising/Stretching
11:30 Snacks
12:00 Lunch
1:30 Karaoke
2:30 Snacks
3:30 Coloring/Painting
4:30 Dinner
5:00 Mail



9:00 News/TV Time

- 10:30 **The Good Shepherd Ministry**
12:00 Lunch
1:00 **Church of Christ-Iglesia Ni Cristo**
1:30 Movie /Popcorn
2:30 Holiday Art
3:00 Table Games
4:30 Dinner
5:00 Mail



25

- 9:30 Bible Reading
12:00 Lunch
2:00 **The Metropolitan Church of Christ**
2:30 Pool Room
3:00 Family Day
4:30 Dinner



9 - 3 MEDICAL RUN

26

- 9:30 Exercise
11:00 Snacks
11:30 Nice Nails
12:00 Lunch
1:30 Bingo
2:30 Snacks
3:00 Coloring Contest
4:30 Dinner
5:00 Mail



9 - 3 MEDICAL RUN

27

- 9:30 Exercise/Dancing
11:00 Snacks
12:00 Lunch
1:30 Movie/Popcorn
2:30 Grooming/Hygiene
3:00 Arts & Crafts
4:30 Dinner
5:00 Mail



9 - 3 MEDICAL RUN

28

- 9:30 Stretching/Walks
10:00 Snacks
11:00 Coloring
12:00 Lunch
1:30 Bingo
2:30 Snacks
3:00 Puzzles
4:30 Dinner
5:00 Mail



9 - 3 MEDICAL RUN

29

- 9:30 Exercise
11:30 Current Events
12:00 Lunch
1:30 Arts & Crafts
2:00 **The Metropolitan Church of Christ**
2:30 Snacks
3:00 Karaoke
4:30 Dinner
5:00 Mail
6:00 **Church of Christ-Iglesia Ni Cristo**



BEAUTY SALON

30

- 9:00 Movie/Popcorn
10:00 Exercising/Stretching
11:30 Snacks
12:00 Lunch
1:00 **Resident Birthday Party**
1:30 Karaoke
2:30 Snacks
3:30 Coloring/Painting
4:30 Dinner
5:00 Mail



9:00 News/TV Time

- 10:30 **The Good Shepherd Ministry**
12:00 Lunch
1:00 **Church of Christ-Iglesia Ni Cristo**
1:30 Movie /Popcorn
2:30 Holiday Art
3:00 Table Games
4:30 Dinner
5:00 Mail

