



# November 2025 Arbor Hall Activities Calendar

This calendar is subject to change.

| Sunday                                                                                                                                                                                                                                                                                                | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Tuesday                                                                                                                                                                                                                                                                                     | Wednesday                                                                                                                                                                                                                                                            | Thursday                                                                                                                                                                                                                                                                                | Friday                                                                                                                                                                                                                                                                                   | Saturday                                                                                                                                                                                                                                                                 |
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| <b>30</b><br>9:30 Exercise / Workout<br>10:00 Daily Audio Prayer /Bible Reading<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Relaxation / TV Time<br>2:00 Snacks & Dominos<br>3:00 Bingo!<br>4:00 Dinner<br>5:00 Socialization<br>5:10 Final Stretch of the Day                                  | <b>NOVEMBER DAYS TO NOTE...</b><br>01 World Vegan Day<br>02 All Souls Day<br>03 Japanese Culture Day<br>04 Nat'l Candy Day<br>05 American Football Day<br>06 Nat'l Nacho Day<br>08 Nat'l Cappuccino Day<br>09 World Freedom Day<br>10 Nat'l Forget Me Day<br>12 Happy Hour Day<br>13 World Kindness Day<br>16 World Philosophy day<br>17 World Peace Day<br>18 Nat'l Princess Day<br>19 Nat'l Play Monopoly Day<br>21 Nat'l Gingerbread Cookie Day<br>23 Dr. Who Day<br>24 Celebrate Your Unique Talent Day<br>25 Nat'l Parfait Day<br>26 Nat'l Cake Day<br>29 Black Friday<br>30 Perpetual Youth Day | <b>Month of November</b><br><i>Birthstone:</i><br>Topaz (fidelity) and Citrine (prosperity, joy and energy)<br><br><i>Flowers:</i><br>Chrysanthemum and Peony<br><br><i>November Colors:</i><br>Dark Blue and Red                                                                           | "Some of the days in November carry the whole memory of summer as a fire opal carries the color of moon rise."<br><br>~ Gladys Taber                                                                                                                                 | <b>HAPPY Thanksgiving</b>                                                                                                                                                                                                                                                               | <b>Dia de los Muertos</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Learning about Cultures /Videos/Books<br>2:00 Snacks & Dominos<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day | <b>1</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Learning about Cultures /Videos/Books<br>2:00 Snacks & Dominos<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day  |
| <b>Daylight Savings Time Ends</b> <b>2</b><br>9:30 Exercise / Workout<br>10:00 Daily Audio Prayer /Bible Reading<br>10:30 Snacks & TV Time<br>11:30 Lunch<br>12:30 Relaxation / TV Time<br>2:00 Snacks & Dominos<br>3:00 Bingo!<br>4:00 Dinner<br>5:00 Socialization<br>5:10 Final Stretch of the Day | <b>3</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Colorful Nails /Hair Cuts /TV Time<br>2:00 Snacks & Movie<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                                                                                                                                                                                                                                                                                                                                    | <b>Election Day</b> <b>4</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Shave /Socialization /TV Time<br>2:00 Snacks & Playing Cards<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day   | <b>5</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Remembering History /Videos/Books<br>2:00 Snacks & Puzzles<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day  | <b>6</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Colorful Nails /Haircuts / TV Time<br>2:00 Snacks & Movie<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                      | <b>7</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Shave /Socialization /TV Time<br>2:00 Snacks & Playing Cards<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                    | <b>8</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Learning about Cultures /Videos/Books<br>2:00 Snacks & Dominos<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day  |
| <b>9</b><br>9:30 Exercise / Workout<br>10:00 Daily Audio Prayer /Bible Reading<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Relaxation / TV Time<br>2:00 Snacks & Dominos<br>3:00 Bingo!<br>4:00 Dinner<br>5:00 Socialization<br>5:10 Final Stretch of the Day                                   | <b>10</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Colorful Nails /Hair Cuts /TV Time<br>2:00 Snacks & Movie<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                                                                                                                                                                                                                                                                                                                                   | <b>Veteran's Day</b> <b>11</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Shave /Socialization /TV Time<br>2:00 Snacks & Playing Cards<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day | <b>12</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Remembering History /Videos/Books<br>2:00 Snacks & Puzzles<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day | <b>13</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Colorful Nails /Haircuts / TV Time<br>2:00 Snacks & Movie<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                     | <b>14</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Shave /Socialization /TV Time<br>2:00 Snacks & Playing Cards<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                   | <b>15</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Learning about Cultures /Videos/Books<br>2:00 Snacks & Dominos<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day |
| <b>16</b><br>9:30 Exercise / Workout<br>10:00 Daily Audio Prayer /Bible Reading<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Relaxation / TV Time<br>2:00 Snacks & Dominos<br>3:00 Bingo!<br>4:00 Dinner<br>5:00 Socialization<br>5:10 Final Stretch of the Day                                  | <b>17</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Colorful Nails /Hair Cuts /TV Time<br>2:00 Snacks & Movie<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                                                                                                                                                                                                                                                                                                                                   | <b>18</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Shave /Socialization /TV Time<br>2:00 Snacks & Playing Cards<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                      | <b>19</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Remembering History /Videos/Books<br>2:00 Snacks & Puzzles<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day | <b>20</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Colorful Nails /Haircuts / TV Time<br>2:00 Snacks & Movie<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                     | <b>21</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Shave /Socialization /TV Time<br>2:00 Snacks & Playing Cards<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                   | <b>22</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Learning about Cultures /Videos/Books<br>2:00 Snacks & Dominos<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day |
| <b>23</b><br>9:30 Exercise / Workout<br>10:00 Daily Audio Prayer /Bible Reading<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Relaxation / TV Time<br>2:00 Snacks & Dominos<br>3:00 Bingo!<br>4:00 Dinner<br>5:00 Socialization<br>5:10 Final Stretch of the Day                                  | <b>24</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Colorful Nails /Hair Cuts /TV Time<br>2:00 Snacks & Movie<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                                                                                                                                                                                                                                                                                                                                   | <b>25</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Shave /Socialization /TV Time<br>2:00 Snacks & Playing Cards<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                      | <b>26</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Remembering History /Videos/Books<br>2:00 Snacks & Puzzles<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day | <b>Thanksgiving</b> <b>27</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Colorful Nails /Haircuts / TV Time<br>2:00 Snacks & Movie<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day | <b>28</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Shave /Socialization /TV Time<br>1:00 <b>Birthday Party</b><br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day                    | <b>29</b><br>9:30 Exercise / Workout<br>10:00 Daily Prayer /Bible Reading /Worship Audio<br>10:30 Snacks / TV Time<br>11:30 Lunch<br>12:30 Learning about Cultures /Videos/Books<br>2:00 Snacks & Dominos<br>3:00 Bingo!<br>4:00 Dinner<br>5:10 Final Stretch of the Day |