

CARSON 2025
November Menu

Menu subject
to change
Lic#: 198204950



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST Orange Juice, Oatmeal Fried Egg, Has Browns, Toast Bacon, Diced Cantaloupe LUNCH Turkey Sandwich w/Lettuce & Tomatoes, Potato Chips, Cookies DINNER Beef Enchiladas, Rice, Corn Sliced Peaches 30	THE MONTH OF NOVEMBER IS...			Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Michael and Jun know 3 hours before meal time. BEVERAGES Breakfast Cranberry, Apple, Orange Juices Coffee - Hot Tea Hot Chocolate Milk - Water Lunch & Dinner Coffee - Hot Tea Water - Ice Tea 	MENU ALTERNATIVES The following are alternative meals for Lunch or Dinner. 1. Ham or Turkey Sandwich 2. Fruit Salad w/Cottage Cheese 3. Cold Veggie Plate w/Dressing 4. Cheese Omelet w/Toast 5. Grilled Cheese Sandwich 6. Peanut Butter & Jelly Sandwich	DIOS DE LOS MUERTOS BREAKFAST Apple Juice French Toast, Syrup Pork Sausage Links, Fresh Fruit LUNCH Grilled Chicken, Brown Gravy Rice, Spinach Orange Cake DINNER Egg Salad Sandwich Potato Salad, Vanilla Pudding 1
DAYLIGHT SAVINGS TIME ENDS BREAKFAST Orange Juice, Oatmeal Fried Egg, Hash Browns, Toast Bacon, Diced Cantaloupe LUNCH Turkey Sandwich w/Lettuce & Tomatoes, Potato Chips, Cookies DINNER Beef Enchiladas, Rice, Corn Sliced Peaches 2	BREAKFAST Orange Juice, Oatmeal Diced Corned Beef, Toast Hash Browns, Sliced Peaches LUNCH Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello DINNER BBQ Pork Patty Mashed Potatoes, Vegetables Tapioca Pudding 3	ELECTION DAY BREAKFAST Orange Juice, Oatmeal Turkey Sausage Patty Hash Browns, Toast, Fruits LUNCH Beef Casserole, Garlic Bread Mixed Vegetables, Jello Dinner Grilled Chicken, Mashed Potatoes Green Peas, Chocolate Pudding 4	BREAKFAST Potato Pancake w/White Gravy, Bacon, Diced Pears LUNCH Meat Loaf w/Gravy Mashed Potatoes, Cauliflower Ice Cream DINNER Sloppy Joe on a Bun Macaroni Salad Chocolate Chip Cookies 5	BREAKFAST Orange Juice, Scrambled Eggs, Sausage Patty Hash Browns, Toast, Fruit LUNCH Teriyaki Meat Balls Rice, Vegetables Ice Cream DINNER BBQ Chicken, Vegetables Mashed Potatoes, Ice Cream 6	BREAKFAST Orange Juice Banana Pancake, Syrup Bacon, Diced Peaches LUNCH Beef Tamales, Steamed Rice Red Salsa, Cut Corn, Egg Custard DINNER Ham Sandwich w/Lettuce and Tomato, Potato Chips Pudding 7	BREAKFAST Apple Juice, Toast Cheese Omelet, Hash Browns LUNCH Tuna Salad Sandwich Green Salad, Potato Chips Ice Cream DINNER Salisbury Steak, Mashed Potatoes Mixed Vegetables, Jello 8
BREAKFAST Cold Cereals, Pancakes Fruit Slice, Toast, Bacon, Oatmeal LUNCH Pastrami Sandwich w/Sauerkraut Green Salad Egg Custard DINNER Chicken Enchiladas Rice, Lettuce Cookies 9	BREAKFAST Biscuit & Gravy Bacon, Banana LUNCH Cheese Burger, Lettuce & Tomato Baked Beans, Fruit Mix DINNER Turkey Tetrzzini Garlic Bread, Spinach Yellow Cake 10	VETERAN'S DAY BREAKFAST Apple Juice Blueberry Pancakes, Syrup Pork Sausage LUNCH Teriyaki Meat Balls, Steamed Rice Mixed Vegetables, Pudding DINNER Turkey Sandwich, Potato Chips Peach Cobbler 11	BREAKFAST Apple Juice, Oatmeal French Toast, Sausage Links, Syrup LUNCH Chicken Stew over Rice Japanese Vegetables Pistachio Pudding DINNER Baked Tilapia w/Coconut Sauce Mashed Potatoes Mixed Vegetables, Ice Cream 12	BREAKFAST Orange Juice, Oatmeal Scrambled Egg, Toast, Fruit Turkey Sausage Patty, Hash Browns LUNCH Beef Stroganoff w/Egg Noodles Mixed Vegetables Chocolate Pudding DINNER BBQ Chicken Vegetables, Mashed Potatoes Ice Cream 13	BREAKFAST Orange Juice Waffles w/Syrup, Strawberries Bacon, Pork Sausage LUNCH Fish Tacos, Steamed Rice Coleslaw Salad, Apple Crisp DINNER Spaghetti w/Meat Sauce Garlic Bread, Mixed Vegetables Pudding 14	BREAKFAST Apple Juice, Toast Fried Egg, Hash Browns Pork Sausage LUNCH Tuna Salad Sandwich Potato Chips, Ice Cream DINNER Salisbury Steak, Mashed Potatoes Mixed Vegetables Jello 15
BREAKFAST Cold Cereals, Pancakes Fruit Slice, Toast, Bacon, Oatmeal LUNCH Chili Dogs w/Cheese & Onions Potato Chips, Fruit Mix DINNER Cheese Enchiladas Green Salad, Rice Yellow Cake 16	BREAKFAST Orange Juice, Oatmeal Corned Beef Hash, Toast Scrambled Egg, Fruit LUNCH Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello DINNER Roast Turkey, Mashed Potatoes Mixed Vegetables Chocolate Cake 17	BREAKFAST Orange Juice Waffle w/Berries, Bacon LUNCH Teriyaki Meat Balls, Steamed Rice Mixed Vegetables, Pudding DINNER Italian Sausage Casserole Garlic Bread Mixed Vegetables Banana Pudding 18	BREAKFAST Apple Juice, Oatmeal French Toast, Sausage Links, Syrup LUNCH Chicken Adobo Over Rice Broccoli, Ice Cream DINNER Roast Beef Sandwich Green Salad, Potato Chips Peach Tart 19	BREAKFAST Orange Juice Scrambled Eggs, Hash Browns Toast, Pork Sausage Patty Diced Pears LUNCH Bacon, Cheese Quesadilla Refried Beans, Corn Bread, Pudding THANKSGIVING FAMILY DINNER 20	BREAKFAST Orange Juice Potato Pancake w/White Gravy Toast, Bacon, Diced Peaches LUNCH Chicken Fajitas Corn, Spanish Rice, Ice Cream DINNER Spaghetti w/Meat Sauce Garlic Bread, Mixed Vegetables Pudding 21	BREAKFAST Apple Juice, Toast Cheese Omelet, Hash Browns LUNCH Salisbury Steak, Mashed Potatoes Mixed Vegetables Jello DINNER Turkey Sandwich Potato Salad Peach Cobbler 22
BREAKFAST Pineapple Juice Pancake, Sausage, Diced Pears LUNCH Baked Fish (Pollock) w/Tartar Sauce Rice, Green Salad, Cookies DINNER Chili Dogs w/Cheese & Onion Macaroni Salad Ice Cream 23	BREAKFAST Turkey Sausage Patty Hash Browns, Toast Diced Peaches LUNCH Chicken Stew Over Rice Mixed Vegetables, Fruit Cocktail DINNER Cheeseburger w/Lettuce & Tomato Baked Beans Pudding 24	BREAKFAST Cranberry Juice Blueberry Pancake, Syrup Pork Sausage Links, Half Banana LUNCH Meat Lasagna, Green Beans Garlic Bread, Fruit Mix DINNER Cheese Enchiladas Steamed Rice, Cut Corn Cherry Tart 25	BREAKFAST Grape Juice Scrambled Egg, Sausage Patty Toast, Hash Browns, Fruit LUNCH Teriyaki Meat Balls Rice w/Vegetables, Egg Custard DINNER Roast Beef Sandwich Green Salad Jello 26	THANKSGIVING DAY BREAKFAST Apple Juice Potato Pancake, Bacon, Toast LUNCH Beef Picadillo Rice, Mixed Vegetables Jello DINNER BBQ Pork, Mashed Potatoes Vegetables, Ice Cream 27	BREAKFAST Apple Juice, Oatmeal Biscuit & Gravy, Bacon, Sausage Diced Pears LUNCH Chicken Alfredo w/Penne Pasta Garlic Bread, Apple Crisp DINNER Meat Loaf Mashed Potatoes, Broccoli Muffin 28	BREAKFAST Apple Juice French Toast, Syrup Pork Sausage Link, Fresh Fruit LUNCH Grilled Chicken, Brown Gravy Rice, Spinach Orange Cake DINNER Egg Salad Sandwich Potato Salad Vanilla Pudding 29