



October 2025 Arbor Hall Activities Calendar

This calendar is subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Month of October <i>Birthstone:</i> Opal and Tourmaline <i>Flowers:</i> Marigold, Cosmos Pink, Cerulean Blue, White October People are: Romantic, Charming, Calm, Positive, Kind-Hearted	OCTOBER DAYS TO NOTE... 01 Int'l Coffee Day 04 Nat'l Taco Day 05 World Teacher Day 06 Nat'l Mad Hatter Day 07 Nat'l Flower Day 09 Curious Events Day 12 World Arthritis Day 13 Nat'l Train Your Brain Day 14 Indigenous People Day 15 Nat'l I Love Lucy Day 16 Nat'l Boss's Day 17 Nat'l Pasta Day 18 Nat'l Chocolate Cupcake Day 19 Nat'l New Friends Day 21 Celebration of the Mind Day 22 Nat'l Color Day 22 Clean Up the Earth Day 26 Nat'l Pumpkin Day 27 Nat'l Black Cat Day 28 Nat'l Chocolate Day 30 Pumpkin Bread Day 31 Nat'l Magic Day		Yom Kippur (begins at sundown) 9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Remembering History /Videos/Books 2:00 Snacks & Puzzles 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Colorful Nails /Haircuts/ TV Time 2:00 Snacks & Movie 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Shave /Socialization /TV Time 2:00 Snacks & Playing Cards 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day	9:30 Exercise / Workout 10:00 Daily Prayer /Bible Reading /Worship Audio 10:30 Snacks / TV Time 11:30 Lunch 12:30 Learning about Cultures /Videos/Books 2:00 Snacks & Dominos 3:00 Bingo! 4:00 Dinner 5:10 Final Stretch of the Day
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