

CARSON 2025
October Menu

Menu subject
to change
Lic#: 198204950



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|---|---|--|
| <div>Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Michael and Jun know 3 hours before meal time.</div> <div>BEVERAGES</div> <div>Breakfast</div> <div>Cranberry, Apple, Orange Juices</div> <div>Coffee - Hot Tea</div> <div>Hot Chocolate</div> <div>Milk - Water</div> <div>Lunch & Dinner</div> <div>Coffee - Hot Tea</div> <div>Water - Ice Tea</div> | THE MONTH OF OCTOBER IS... | | YOM KIPPUR (BEGINS AT SUNDOWN) | | | |
| | | | <div>BREAKFAST</div> <div>Grape Juice</div> <div>Scrambled Egg, Sausage Patty</div> <div>Toast, Hash Browns, Fruit</div> <div>LUNCH</div> <div>Teriyaki Meat Balls</div> <div>Rice w/Vegetables, Egg Custard</div> <div>DINNER</div> <div>Roast Beef Sandwich</div> <div>Green Salad, Jello</div> | <div>BREAKFAST</div> <div>Apple Juice,</div> <div>Potato Pancake, Bacon, Toast</div> <div>LUNCH</div> <div>Beef Picadillo</div> <div>Rice, Mixed Vegetables</div> <div>Jello</div> <div>DINNER</div> <div>BBQ Pork</div> <div>Mashed Potatoes, Vegetables</div> <div>Ice Cream</div> | <div>BREAKFAST</div> <div>Apple Juice, Oatmeal</div> <div>Biscuit & Gravy, Bacon, Sausage</div> <div>Diced Pears</div> <div>LUNCH</div> <div>Chicken Alfredo w/Penne Pasta</div> <div>Garlic Bread, Apple Crisp</div> <div>DINNER</div> <div>Meat Loaf</div> <div>Mashed Potatoes, Broccoli</div> <div>Muffin</div> | <div>BREAKFAST</div> <div>Apple Juice</div> <div>French Toast, Syrup</div> <div>Pork Sausage Link, Fresh Fruit</div> <div>LUNCH</div> <div>Grilled Chicken, Brown Gravy</div> <div>Rice, Spinach</div> <div>Orange Cake</div> <div>DINNER</div> <div>Egg Salad Sandwich</div> <div>Potato Salad</div> <div>Vanilla Pudding</div> |
| <div>BREAKFAST</div> <div>Orange Juice, Oatmeal</div> <div>Fried Egg, Hash Browns, Toast</div> <div>Bacon, Diced Cantaloupe</div> <div>LUNCH</div> <div>Turkey Sandwich w/Lettuce & Tomatoes, Potato Chips, Cookies</div> <div>DINNER</div> <div>Beef Enchiladas, Rice, Corn</div> <div>Sliced Peaches</div> | <div>BREAKFAST</div> <div>Orange Juice, Oatmeal</div> <div>Diced Corned Beef, Toast</div> <div>Hash Browns, Sliced Peaches</div> <div>LUNCH</div> <div>Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello</div> <div>DINNER</div> <div>BBQ Pork Patty</div> <div>Mashed Potatoes, Vegetables</div> <div>Tapioca Pudding</div> | <div>BREAKFAST</div> <div>Orange Juice, Oatmeal</div> <div>Turkey Sausage Patty</div> <div>Hash Browns, Toast, Fruits</div> <div>LUNCH</div> <div>Beef Casserole, Garlic Bread</div> <div>Mixed Vegetables, Jello</div> <div>DINNER</div> <div>Grilled Chicken</div> <div>Mashed Potatoes, Green Peas</div> <div>Chocolate Pudding</div> | <div>BREAKFAST</div> <div>Potato Pancake</div> <div>w/White Gravy, Bacon, Diced Pears</div> <div>LUNCH</div> <div>Meat Loaf w/Gravy</div> <div>Mashed Potatoes, Cauliflower</div> <div>Ice Cream</div> <div>DINNER</div> <div>Sloppy Joe on a Bun</div> <div>Macaroni Salad</div> <div>Chocolate Chip Cookies</div> | <div>BREAKFAST</div> <div>Orange Juice,</div> <div>Scrambled Eggs, Sausage Patty</div> <div>Hash Browns, Toast, Fruit</div> <div>LUNCH</div> <div>Teriyaki Meat Balls</div> <div>Rice, Vegetables</div> <div>Ice Cream</div> <div>DINNER</div> <div>BBQ Chicken, Vegetables</div> <div>Mashed Potatoes, Ice Cream</div> | <div>BREAKFAST</div> <div>Orange Juice</div> <div>Banana Pancake, Syrup</div> <div>Bacon, Diced Peaches</div> <div>LUNCH</div> <div>Beef Tamales, Steamed Rice</div> <div>Red Salsa, Cut Corn, Egg Custard</div> <div>DINNER</div> <div>Ham Sandwich w/Lettuce and Tomato, Potato Chips</div> <div>Pudding</div> | <div>BREAKFAST</div> <div>Apple Juice, Toast</div> <div>Cheese Omelet, Hash Browns</div> <div>LUNCH</div> <div>Tuna Salad Sandwich</div> <div>Green Salad, Potato Chips</div> <div>Ice Cream</div> <div>DINNER</div> <div>Salisbury Steak, Mashed Potatoes</div> <div>Mixed Vegetables, Jello</div> |
| <div>BREAKFAST</div> <div>Cold Cereals, Pancakes</div> <div>Fruit Slice, Toast, Bacon, Oatmeal</div> <div>LUNCH</div> <div>Pastrami Sandwich w/Sauerkraut</div> <div>Green Salad</div> <div>Egg Custard</div> <div>DINNER</div> <div>Chicken Enchiladas</div> <div>Rice, Lettuce</div> <div>Cookies</div> | COLUMBUS DAY | <div>BREAKFAST</div> <div>Apple Juice</div> <div>Blueberry Pancakes, Syrup</div> <div>Pork Sausage</div> <div>LUNCH</div> <div>Teriyaki Meat Balls, Steamed Rice</div> <div>Mixed Vegetables, Pudding</div> <div>DINNER</div> <div>Turkey Sandwich</div> <div>Potato Chips</div> <div>Peach Cobbler</div> | <div>BREAKFAST</div> <div>Apple Juice, Oatmeal</div> <div>French Toast, Sausage Links, Syrup</div> <div>LUNCH</div> <div>Chicken Stew over Rice</div> <div>Japanese Vegetables</div> <div>Pistachio Pudding</div> <div>DINNER</div> <div>Baked Tilapia w/Coconut Sauce</div> <div>Mashed Potatoes</div> <div>Mixed Vegetables, Ice Cream</div> | <div>BREAKFAST</div> <div>Orange Juice, Oatmeal</div> <div>Scrambled Egg, Toast, Fruit</div> <div>Turkey Sausage Patty, Hash Browns</div> <div>LUNCH</div> <div>Beef Stroganoff w/Egg Noodles</div> <div>Mixed Vegetables</div> <div>Chocolate Pudding</div> <div>DINNER</div> <div>BBQ Chicken</div> <div>Vegetables, Mashed Potatoes</div> <div>Ice Cream</div> | <div>BREAKFAST</div> <div>Orange Juice</div> <div>Waffles w/Syrup, Strawberries</div> <div>Bacon, Pork Sausage</div> <div>LUNCH</div> <div>Fish Tacos, Steamed Rice</div> <div>Coleslaw Salad, Apple Crisp</div> <div>DINNER</div> <div>Spaghetti w/Meat Sauce</div> <div>Garlic Bread, Mixed Vegetables</div> <div>Pudding</div> | <div>BREAKFAST</div> <div>Apple Juice, Toast</div> <div>Fried Egg, Hash Browns</div> <div>Pork Sausage</div> <div>LUNCH</div> <div>Tuna Salad Sandwich</div> <div>Potato Chips, Ice Cream</div> <div>DINNER</div> <div>Salisbury Steak, Mashed Potatoes</div> <div>Mixed Vegetables</div> <div>Jello</div> |
| <div>BREAKFAST</div> <div>Cold Cereals, Pancakes</div> <div>Fruit Slice, Toast, Bacon, Oatmeal</div> <div>LUNCH</div> <div>Chili Dogs w/Cheese & Onions</div> <div>Potato Chips, Fruit Mix</div> <div>DINNER</div> <div>Cheese Enchiladas</div> <div>Green Salad, Rice</div> <div>Yellow Cake</div> | <div>BREAKFAST</div> <div>Orange Juice, Oatmeal</div> <div>Corned Beef Hash, Toast</div> <div>Scrambled Egg, Fruit</div> <div>LUNCH</div> <div>Cheese Burger w/Lettuce and Tomatoes, Baked Beans, Jello</div> <div>DINNER</div> <div>Roast Turkey, Mashed Potatoes</div> <div>Mixed Vegetables</div> <div>Chocolate Cake</div> | <div>BREAKFAST</div> <div>Orange Juice</div> <div>Waffle w/Berries, Bacon</div> <div>LUNCH</div> <div>Teriyaki Meat Balls, Steamed Rice</div> <div>Mixed Vegetables, Pudding</div> <div>DINNER</div> <div>Italian Sausage Casserole</div> <div>Garlic Bread</div> <div>Mixed Vegetables</div> <div>Banana Pudding</div> | <div>BREAKFAST</div> <div>Apple Juice, Oatmeal</div> <div>French Toast, Sausage Links, Syrup</div> <div>LUNCH</div> <div>Chicken Adobo Over Rice</div> <div>Broccoli, Ice Cream</div> <div>DINNER</div> <div>Roast Beef Sandwich</div> <div>Green Salad, Potato Chips</div> <div>Peach Tart</div> | <div>BREAKFAST</div> <div>Orange Juice</div> <div>Scrambled Eggs, Hash Browns</div> <div>Toast, Pork Sausage Patty</div> <div>Diced Pears</div> <div>LUNCH</div> <div>Bacon, Cheese Quesadilla</div> <div>Refried Beans, Corn Bread, Pudding</div> <div>DINNER</div> <div>BBQ Chicken</div> <div>Vegetables, Mashed Potatoes</div> <div>Ice Cream</div> | <div>BREAKFAST</div> <div>Orange Juice</div> <div>Potato Pancake w/White Gravy</div> <div>Toast, Bacon, Diced Peaches</div> <div>LUNCH</div> <div>Chicken Fajitas</div> <div>Corn, Spanish Rice, Ice Cream</div> <div>DINNER</div> <div>Spaghetti w/Meat Sauce</div> <div>Garlic Bread, Mixed Vegetables</div> <div>Pudding</div> | <div>BREAKFAST</div> <div>Apple Juice, Toast</div> <div>Cheese Omelet, Hash Browns</div> <div>LUNCH</div> <div>Salisbury Steak, Mashed Potatoes</div> <div>Mixed Vegetables</div> <div>Jello</div> <div>DINNER</div> <div>Turkey Sandwich</div> <div>Potato Salad</div> <div>Peach Cobbler</div> |
| <div>BREAKFAST</div> <div>Pineapple Juice</div> <div>Pancake, Sausage, Diced Pears</div> <div>LUNCH</div> <div>Baked Fish (Pollock) w/Tartar Sauce</div> <div>Rice, Green Salad, Cookies</div> <div>DINNER</div> <div>Chili Dogs w/Cheese & Onion</div> <div>Macaroni Salad</div> <div>Ice Cream</div> | <div>BREAKFAST</div> <div>Turkey Sausage Patty</div> <div>Hash Browns, Toast</div> <div>Diced Peaches</div> <div>LUNCH</div> <div>Chicken Stew Over Rice</div> <div>Mixed Vegetables, Fruit Cocktail</div> <div>DINNER</div> <div>Cheeseburger w/Lettuce & Tomato</div> <div>Baked Beans</div> <div>Pudding</div> | <div>BREAKFAST</div> <div>Cranberry Juice</div> <div>Blueberry Pancake, Syrup</div> <div>Pork Sausage Link, Half Banana</div> <div>LUNCH</div> <div>Meat Lasagna, Green Beans</div> <div>Garlic Bread, Fruit Mix</div> <div>DINNER</div> <div>Cheese Enchilada</div> <div>Steamed Rice, Cut Corn</div> <div>Cherry Tart</div> | <div>BREAKFAST</div> <div>Grape Juice</div> <div>Scrambled Egg, Sausage Patty</div> <div>Toast, Hash Browns, Fruit</div> <div>LUNCH</div> <div>Teriyaki Meat Balls</div> <div>Rice w/Vegetables, Egg Custard</div> <div>DINNER</div> <div>Roast Beef Sandwich</div> <div>Green Salad</div> <div>Jello</div> | <div>BREAKFAST</div> <div>Apple Juice,</div> <div>Potato Pancake, Bacon, Toast</div> <div>LUNCH</div> <div>Beef Picadillo</div> <div>Rice, Mixed Vegetables</div> <div>Jello</div> <div>DINNER</div> <div>BBQ Pork</div> <div>Mashed Potatoes, Vegetables</div> <div>Ice Cream</div> | HALLOWEEN | MENU ALTERNATIVES |
| | | | | | <div>BREAKFAST</div> <div>Apple Juice, Oatmeal</div> <div>Biscuit & Gravy, Bacon, Sausage</div> <div>Diced Pears</div> <div>LUNCH</div> <div>Chicken Alfredo w/Penne Pasta</div> <div>Garlic Bread, Apple Crisp</div> <div>DINNER</div> <div>Meat Loaf</div> <div>Mashed Potatoes, Broccoli</div> <div>Muffin</div> | The following are alternative meals for Lunch or Dinner. 1. Ham or Turkey Sandwich 2. Fruit Salad w/Cottage Cheese 3. Cold Veggie Plate w/Dressing 4. Cheese Omelet w/Toast 5. Grilled Cheese Sandwich 6. Peanut Butter & Jelly Sandwich |