



October 2025 Newsletter

Senior Assisted Living Community

**David Shaver**

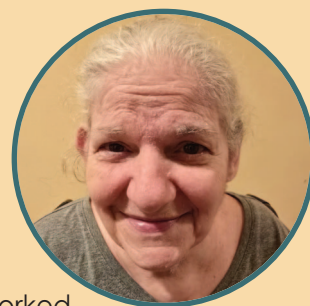
is our Assisted Living Resident of the Month

David Shaver was born October 6, 1961 to Beauty and Ernest Shaver in Jackson Mississippi. He is the youngest of six siblings, two brothers and three sisters. David never got married but was in a relationship with Sharon that lasted 10 years. He went to Trait Tech Vocational school and from there, took up welding. David worked as a welder for five years at Taylor Dunn. He loves to play basketball. He's a big Lakers fan, his favorite basketball player is none other than the goat himself, Kobe Bryant. His favorite saying will have to be "just go with the flow, whatever happens... happens. Stay strong". He also loves to play bingo, and mind you there isn't a single game that he didn't win. Congratulations David, on being named our October Assisted Living Resident of the Month!

Linda Smith

is our Arbor Hall Resident of the Month

Linda was born on November 15, 1952 in Philadelphia, PA. She was raised by her dad Russell and stepmother Frances. Linda has two brothers and two sisters, and their names are Warren, Frank, Cindy and Sharon, with Linda being the oldest of the siblings. Linda attended Norristown High School in Norristown, Pennsylvania. After graduating from high school, Linda decided to work full time to help her family financially. Linda primarily worked as a key puncher for a company in her hometown. When Linda was in her twenties, she decided to move to California, and she's lived here ever since! Linda's hobbies include watching TV, smoking cigarettes and having conversations with other residents in the community. Congratulations, Linda, on being named our Arbor Hall Resident of the Month for October!





October Birthday Party

Friday, October 30 at 1:00 p.m.

All residents whose birthday is in October are invited to join us in the Hobby Room to celebrate their natal day. We'll have cake and ice cream for you to enjoy.

AL Birthdays

Elijah B.	10/01
David S.	10/06
Susan W.	10/07
Christina V.	10/09
Wanda W.	10/21
George G.	10/22
Rafaela P.	10/24

Arbor Hall Birthdays

Jerry L.	10/03
Susan W.	10/07
Christopher C.	10/14
George S.	10/20
Sonny G.	10/27
Carlos M.	10/30

Staff Birthdays

Joel A.	10/07
Jessica	10/07
Ann C.	10/09
Elmer S.	10/11
Jesus H.	10/15
Sean S.	10/21
Maria P.	10/23
Kim Q.	10/28
Michael R.	10/31



New Residents

Noe D.
Brian M.

MAIN EVENTS FOR OCTOBER 2025

Council Meeting

RESIDENT COUNCIL MEETING
Thursday, October 9 - 1:00 p.m.
in the Hobby Room.



Note: Shopping trips can be scheduled Monday through Friday as long as the driver available.

Kitchen Tips

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Jhun know 3 hours before meal time. Please DO NOT STAND BY OR NEAR THE KITCHEN DOOR during meal time. It is not safe. Thank you.



Church Services

St. Philomena Church will have Catholic mass every third Monday of each month.

Church of Christ-Iglesia Ni Cristo will offer Bible Study every Thursday at 6:00 p.m. in the Front TV Room, and Saturdays at 1:00 p.m.

The Good Shepherd Ministry comes in every 2nd and 4th Saturday of the month at 10:30 a.m. They invite you to join them in their spiritual advocacies.

The Metropolitan Church of Christ comes every Sunday and Thursday of the month at 2:00 p.m.

Bingo

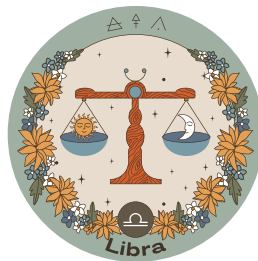
Every Monday, Wednesday, and Friday

Medical Runs

Every Monday to Thursday of the month.

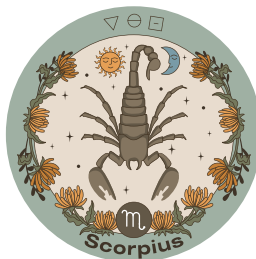


October HOrOs cOpe Signs



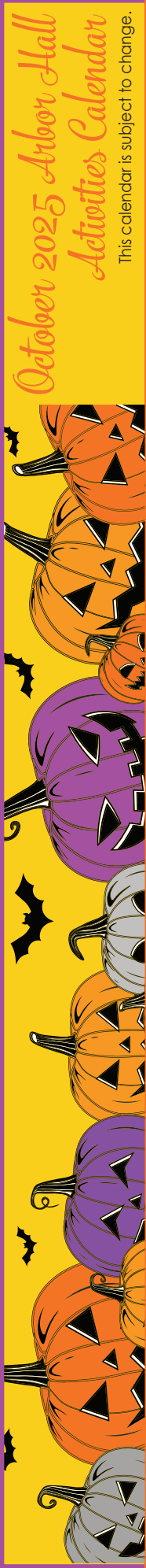
Libra- September 23 to October 22

This air sign is fixated on the symmetry of harmony and balance, striving to create equilibrium in all areas of life. Ruled by Venus and governed by love, beauty and money, Libras love high art, intellectual pursuits, and creating an environment around themselves that reflects their exquisite tastes. Because Libra considers multiple perspectives in all pursuits, they often struggle with indecision. The circumspect Libra often needs to learn to better trust their own intuition.



Scorpio- October 23 to November 21

Elusive and mysterious, Scorpio is one of the most misunderstood signs of the zodiac. Scorpio is a water sign that uses emotional energy as fuel, cultivating powerful wisdom through both the physical and unseen realms. In fact, Scorpio derives its extraordinary courage from its psychic abilities, which is what makes this sign one of the most complicated, dynamic signs of the zodiac.



October 2025 Arbor Hall Activities Calendar

This calendar is subject to change.

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Month of October Birthstone: Opal and Tourmaline Flowers: Marigold, Cosmos Pink, Cerulean Blue, White October People are: Romantic, Charming, Calm, Positive, Kind-Hearted		OCTOBER DAYS TO NOTE... 01 Int'l Coffee Day 04 Nat'l Taco Day 05 World Teacher Day 06 Nat'l Mad Hatter Day 07 Nat'l Flower Day 09 Curious Events Day 12 World ArtHriffs Day 13 Nat'l Train Your Brain Day 14 Indigenous People Day 15 Nat'l I Love Lucy Day 16 Nat'l Boss's Day		17 Nat'l Pasta Day 18 Nat'l Chocolate Cupcake Day 19 Nat'l New Friends Day 21 Celebration of the Mind Day 22 Clean Up the Earth Day 26 Nat'l Pumpkin Day 27 Nat'l Black Cat Day 28 Nat'l Chocolate Day 30 Pumpkin Bread Day 31 Nat'l Magic Day		Yomi Kippur (begins at sundown) Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Remembering History /Videos/Books Snacks & Puzzles Bingo! Dinner Final Stretch of the Day		Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Colorful Nails /Haircuts/ TV Time Snacks & Movie Bingo! Dinner Final Stretch of the Day		Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Shave /Socialization /TV Time Snacks & Playing Cards Bingo! Dinner Final Stretch of the Day		Exercise / Workout Daily Prayer /Bible Reading /Worship Audio Snacks / TV Time Lunch Learning about Cultures /Videos/Books Snacks & Dominos Bingo! Dinner Final Stretch of the Day	
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