

CARSON 2026
September Calendar

Calendar
subject to
change
Lic#: 198204950



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Snacks are served daily. Coffee and Juice will also be available. 	"Autumn... the year's last, loveliest smile." ~ William Cullen Bryant	9 - 3 MEDICAL RUN 1 9:30 Exercise/Dancing 11:00 Snacks 12:00 Lunch 1:30 Movie/Popcorn 2:30 Grooming/Hygiene 3:00 Arts & Crafts 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 2 9:30 Stretching/Walks 10:00 Snacks 11:00 Coloring 12:00 Lunch 1:30 Bingo 2:30 Snacks 3:00 Puzzles 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 3 9:30 Exercise 11:30 Current Events 12:00 Lunch 1:30 Arts & Crafts 2:00 The Metropolitan Church of Christ 2:30 Snacks 3:00 Karaoke 4:30 Dinner 5:00 Mail 6:00 Church of Christ-Iglesia Ni Cristo 	BEAUTY SALON 4 9:30 Exercising 10:00 Walmart Trip 11:00 Snacks 12:00 Lunch 1:30 Trivia 2:30 Snacks 3:30 Movie Night 4:30 Dinner 5:00 Mail 	9:00 News/TV Time 10:30 The Good Shepherd Ministry 12:00 Lunch 1:00 Church of Christ-Iglesia Ni Cristo 1:30 Movie /Popcorn 2:30 Holiday Art 3:00 Table Games 4:30 Dinner 5:00 Mail BREAKING NEWS
6 9:30 Bible Reading 12:00 Lunch 2:00 The Metropolitan Church of Christ 2:30 Pool Room 3:00 Family Day 4:30 Dinner 	LABOR DAY 7 9:30 Exercise 11:00 Snacks 11:30 Nice Nails 12:00 Lunch 1:30 Bingo 2:30 Snacks 3:00 Coloring Contest 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 8 9:30 Exercise/Dancing 11:00 Snacks 12:00 Lunch 1:30 Movie/Popcorn 2:30 Grooming/Hygiene 3:00 Arts & Crafts 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 9 9:30 Stretching/Walks 10:00 Snacks 11:00 Coloring 12:00 Lunch 1:30 Bingo 2:30 Snacks 3:00 Puzzles 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 10 9:30 Exercise 11:30 Current Events 12:00 Lunch 1:30 Arts & Crafts 2:00 Resident Council Meeting The Metropolitan Church of Christ 2:30 Snacks 3:00 Karaoke 4:30 Dinner 5:00 Mail 6:00 Church of Christ-Iglesia Ni Cristo 	BEAUTY SALON 11 PATRIOT DAY / ROSH HASHANAH (BEGINS AT SUNDOWN) 9:30 Exercising 10:00 Walmart Outing 11:00 Snacks 12:00 Lunch 1:30 Trivia 2:30 Snacks 3:30 Movie Night 4:30 Dinner 5:00 Mail 	9:00 News/TV Time 10:30 The Good Shepherd Ministry 12:00 Lunch 1:00 Church of Christ-Iglesia Ni Cristo 1:30 Movie /Popcorn 2:30 Holiday Art 3:00 Table Games 4:30 Dinner 5:00 Mail 
GRANDPARENTS DAY 13 9:30 Bible Reading 12:00 Lunch 2:00 The Metropolitan Church of Christ 2:30 Pool Room 3:00 Family Day 4:30 Dinner 	9 - 3 MEDICAL RUN 14 9:30 Exercise 11:00 Snacks 11:30 Nice Nails 12:00 Lunch 1:30 Bingo 2:30 Snacks 3:00 Coloring Contest 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 15 9:30 Exercise/Dancing 11:00 Snacks 12:00 Lunch 1:30 Movie/Popcorn 2:30 Grooming/Hygiene 3:00 Arts & Crafts 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 16 9:30 Stretching/Walks 10:00 Snacks 11:00 Coloring 12:00 Lunch 1:30 Bingo 2:30 Snacks 3:00 Puzzles 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 17 9:30 Exercise 11:30 Current Events 12:00 Lunch 1:30 Arts & Crafts 2:00 The Metropolitan Church of Christ 2:30 Snacks 3:00 Karaoke 4:30 Dinner 5:00 Mail 6:00 Church of Christ-Iglesia Ni Cristo 	BEAUTY SALON 18 9:30 Exercising 10:00 Walmart Outing 11:00 Snacks 12:00 Lunch 1:30 Trivia 2:30 Snacks 3:30 Movie Night 4:30 Dinner 5:00 Mail 	9:00 News/TV Time 10:30 The Good Shepherd Ministry 12:00 Lunch 1:00 Church of Christ-Iglesia Ni Cristo 1:30 Movie /Popcorn 2:30 Holiday Art 3:00 Table Games 4:30 Dinner 5:00 Mail 
YOM KIPPUR (BEGINS AT SUNDOWN) 20 9:30 Bible Reading 12:00 Lunch 2:00 The Metropolitan Church of Christ 2:30 Pool Room 3:00 Family Day 4:30 Dinner 	9 - 3 MEDICAL RUN 21 9:30 Exercise 10:30 Good Shepherd Ministry 11:00 Snacks 11:30 Nice Nails 12:00 Lunch 1:30 Bingo 2:30 Snacks 3:00 Coloring Contest 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 22 9:30 Exercise/Dancing 11:00 Snacks 12:00 Lunch 1:30 Movie/Popcorn 2:30 Grooming/Hygiene 3:00 Arts & Crafts 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 23 9:30 Stretching/Walks 10:00 Snacks 11:00 Coloring 12:00 Lunch 1:30 Bingo 2:30 Snacks 3:00 Puzzles 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 24 9:30 Exercise 11:30 Current Events 12:00 Lunch 1:30 Arts & Crafts 2:00 The Metropolitan Church of Christ 2:30 Snacks 3:00 Karaoke 4:30 Dinner 5:00 Mail 6:00 Church of Christ-Iglesia Ni Cristo 	BEAUTY SALON 25 9:00 Exercise 10:00 Snacks 11:00 Bingo 12:00 Lunch 1:00 Resident Birthday Party 2:30 Snacks 3:00 Coloring/Painting 4:30 Dinner 5:00 Mail 	9:00 News/TV Time 10:30 The Good Shepherd Ministry 12:00 Lunch 1:00 Church of Christ-Iglesia Ni Cristo 1:30 Movie /Popcorn 2:30 Holiday Art 3:00 Table Games 4:30 Dinner 5:00 Mail 
27 9:30 Bible Reading 12:00 Lunch 2:00 The Metropolitan Church of Christ 2:30 Pool Room 3:00 Family Day 4:30 Dinner 	9 - 3 MEDICAL RUN 28 9:30 Exercise 11:00 Snacks 11:30 Nice Nails 12:00 Lunch 1:30 Bingo 2:30 Snacks 3:00 Coloring Contest 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 29 9:30 Exercise/Dancing 11:00 Snacks 12:00 Lunch 1:30 Movie/Popcorn 2:30 Grooming/Hygiene 3:00 Arts & Crafts 4:30 Dinner 5:00 Mail 	9 - 3 MEDICAL RUN 30 9:30 Stretching/Walks 10:00 Snacks 11:00 Coloring 12:00 Lunch 1:30 Bingo 2:30 Snacks 3:00 Puzzles 4:30 Dinner 5:00 Mail 	SEPTEMBER DAYS TO NOTE... 01 World Letter Writing Day 03 US Bowling League Day 04 Nat'l Wildlife Day 05 Nat'l Cheese Pizza Day 08 World Physical Therapy Day 09 Nat'l Wiener Schnitzel Day 11 Women's Baseball Day 12 Nat'l Day of Encouragement 13 Positive Thinking Day 14 Nat'l Coloring Day 15 Make a Hat Day 16 Nat'l Guacamole Day 17 Constitution Day 18 Nat'l Respect Day 20 Nat'l Pepperoni Pizza Day 21 World Gratitude Day 21 World Alzheimer's Day 21 Int'l Day of Peace 23 Nat'l Checker's Day 25 Nat'l Comic Book Day 26 Nat'l Family Day 30 The Time for Yoga Day		Beauty Shop open every Friday with Elvira 9:00 a.m.-12:00 p.m. 