



September 2026 Newsletter

Senior Assisted Living Community

**Xavier T.**

is our Assisted Living Resident of the Month

Xavier T. was born June 30 1969 in Los Angeles to Janice and John T. Xavier is the oldest among four siblings: Marion, Elizabeth and Kiera. He was married for nine years to Shonda but unfortunately divorced in 2006. They met at LAUSD and had a son named Christopher. He has no grandchildren. Xavier went to Los Angeles Trade Tech for two years to study Commercial Art. He worked as a Special Education Assistant at LAUSD for 9 years. Some things that Xavier loves doing is graphic design. Xavier is a devoted Christian, and one of Xavier's favorite bible quotes is "For God so Loved the world that he gave his only begotten son" John 3:16. Congratulations Xavier, on being named our September Assisted Living Resident of the Month!

Christopher "Scott" C.

is our Arbor Hall Resident of the Month

Christopher "Scott" C. was born on October 14, 1956 in Newport Beach, CA. Christopher was adopted when he was a toddler and was raised by his adoptive father, Jay C. In his adopted household, Christopher was welcomed into a big family and had other brothers and sisters. Christopher attended Corona del Mar High School. After graduating high school, he enlisted in the Navy. Christopher had a dog named "Doetch" that he considered his best friend and companion. Christopher's favorite job was working in restaurants as he enjoys the culinary arts. His favorite food to eat is a hot dog with mustard, relish and a cold Coca-Cola. Christopher's hobbies and interests are writing, listening to AM radio and watching TV. Congratulations Christopher, on being named our Arbor Hall September Resident of the Month.





September Birthday Party

Friday, September 25 at 1:00 p.m.

All residents whose birthday is in September are invited to join us in the Hobby Room to celebrate their natal day. We'll have cake and ice cream for you to enjoy.

AL Birthdays

MaryJane D.	9/01
Burton L.	9/02
Robert R.	9/07
John S.	9/10
Kevin L.	9/12
Barbara W.	9/19
Donna H.	9/28
Sonja S.	9/30

Arbor Hall Birthdays

Betty S.	9/03
Richard A.	9/18
Frankie W.	9/24

Staff Birthdays

Evelyn C.	9/04
Frederick A.	9/06
Sheryl Y.	9/09
Yolanda N.	9/11
Karen C.	9/29
Elizabeth M.	9/29
Elvia P.	9/30



New Residents

Tad Long
Athena Valdez

MAIN EVENTS FOR SEPTEMBER 2026

Council Meeting

RESIDENT COUNCIL MEETING

Thursday, September 10 - 1:00 p.m.

in the Hobby Room.



Note: Shopping trips can be scheduled Monday through Friday as long as the driver available.

Kitchen Tips

Residents, if you are requesting something different than what is on the menu, we ask that you PLEASE let Jhun know 3 hours before meal time. Please DO NOT STAND BY OR NEAR THE KITCHEN DOOR during meal time. It is not safe. Thank you.



Important
INFO

Our
News

Church Services

St. Philomena Church will have Catholic mass every third Monday of each month.

Church of Christ-Iglesia Ni Cristo will offer Bible Study every Thursday at 6:00 p.m. in the Front TV Room, and Saturdays at 1:00 p.m.

The Good Shepherd Ministry comes in every 2nd and 4th Saturday of the month at 10:30 a.m. They invite you to join them in their spiritual advocacies.

The Metropolitan Church of Christ comes every Sunday and Thursday of the month at 2:00 p.m.

Bingo

Every Monday, Wednesday, and Friday

Medical Runs

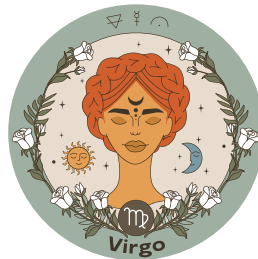
Every Monday to Thursday of the month.



September HOOrOs c Ope Signs

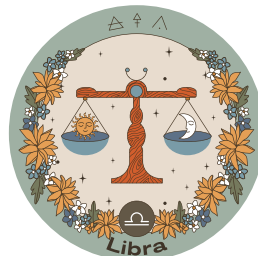
Virgo- August 23 to September 22

This earth sign is represented by the goddess of wheat and agriculture, and Virgos are known to be logical and practical in their approach to life. Always a perfectionist at heart, the Virgo is hyper-aware of every detail and is always trying to improve their skills through diligent and consistent practice. Virgos enjoy helping others and are kind, gentle, and supportive friends who like to use their incredible intellect and resourcefulness to solve any problem.



Libra- September 23 to October 22

This air sign is fixated on the symmetry of harmony and balance, striving to create equilibrium in all areas of life. Ruled by Venus and governed by love, beauty and money, Libras love high art, intellectual pursuits, and creating an environment around themselves that reflects their exquisite tastes. Because Libra considers multiple perspectives in all pursuits, they often struggle with indecision. The circumspect Libra often needs to learn to better trust their own intuition.





Enjoy Assisted Living at Its Finest.



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